

VISIT THE MALL!



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The articles that appear in this e-newsletter are for general educational information **ONLY**.

They do not necessarily reflect the opinions/policies of Papillon Haven Rescue (PapHaven).



An outreach e-communication from Papillon Haven Rescue

Be sure to check out the **PHR Events Calendar** at

[HTTP://WWW.PAPHAVEN.INFO/EVENTS.HTML](http://www.paphaven.info/events.html)

For up-to-date details regarding **pet events across the nation!**

SHOPPING OPPORTUNITIES



amazon.com

BECOME A VIRTUAL FOSTER!

Click here to see how you can make a difference in a rescued Pap's life!

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<https://www.paypal.com/cgi-bin/webscr>

Remember – all donations are tax deductible!

GoodSearch

SAVE A DOG!

(iGive has over 560 stores to shop from. Enter the site as a Pap Haven supporter and PHR gets a percentage in return)

[WWW.IGIVE.COM](http://www.igive.com)

NEWSLETTER SUBSCRIPTION

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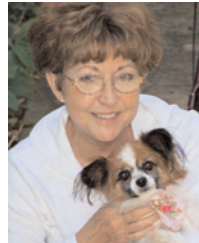
PHR LENDING LIBRARY:

<http://butterflyboulevard.pbwiki.com/>



TAX RELIEF TO KEEP PETS AT HOME

Families all over the country have been forced to give up their pets because of financial hardship. HR 3501, known as the *Humanity and Pets Partnered Through the Years* (“HAPPY”) Act, would help US families provide their pets with the medical attention and quality of life they deserve by making up to \$3,500 of qualifying pet care expenses, including vet care costs, tax-deductible. This way, pets get to remain in their loving homes and don't wind up on the streets or in the already overburdened shelter system.



U.S. Representative Thaddeus McCotter has introduced the HAPPY Act, legislation to allow individuals to claim tax deductions for qualified pet care expenses. This means that when you prepare your income taxes, the money you spent on pet care that year would count as non-taxable income – and you could deduct up to \$3,500 per year!

We all want to give our animal companions the best care we possibly can, but it seems that pet care costs are always on the rise – and these days, it's harder than ever to stretch the family budget. That's why the ASPCA supports HR 3501, which would amend U.S. tax code to allow qualifying pet care expenses, including veterinary care, to be tax-deductible.

The bill, making the rounds on Capitol Hill, marries two feel-good propositions – tax cuts and pet ownership – to generate a novel idea: A tax break of up to \$3,500 per person for pet care expenses.

The measure is a legislative long shot. But it's been championed by veteran Hollywood tough-guy Robert Davi and a conservative Michigan congressman, Rep. Thaddeus

McCotter (R) and has drawn the enthusiastic support of animal rights groups eager to promote pet ownership and retention during economic down times. . . .

The tax break would apply to more exotic pets as well, so long as they're being owned within the bounds of the law. Any “domesticated, legally-owned, live animal” would qualify, under the terms of the bill.

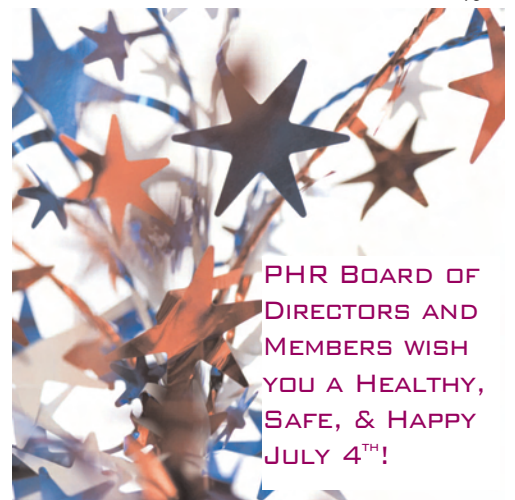
According to the ASPCA, a cat costs about \$670 a year on average to take care of, while dogs are about \$200 a year more expensive. ***The tax break would be capped at \$3,500 per person per year, regardless of how many animals a taxpayer owned.***

Why not let people deduct expenses like pet food and veterinarian bills from their taxes, like child care expenses or mortgage interest can help reduce your tax burden?

QUALIFYING PET CARE EXPENSES

According to the bill, qualifying pet care expenses are defined as: “amounts paid in connection with providing care (including veterinary care) for a qualified pet other than any

(continued on pg. 2)



PHR BOARD OF DIRECTORS AND MEMBERS WISH YOU A HEALTHY, SAFE, & HAPPY JULY 4TH!

expense in connection with the acquisition of the qualified pet.”

A this point there is not clear definition of what exactly “amounts paid in connection with providing care” are ... Does that

include utilities? Regular store-bought foods vs. veterinary-speciality diets?

The one truly clear point is that it would cover vet expenses and prescriptions.

PAPHAVEN'S DOG DAYS OF SUMMER CONTEST

Tickets go on sale Aug 1 thru Sept. 6, 2010.

HERE IS HOW IT WORKS: For every dollar you donate to PHR you will be given the opportunity to guess the number of dog treats in the container. After your donation is received, you will be contacted by email to submit your numbers.

PRIZES

1st Prize – The person who guesses the correct number without going over, will receive the container of dog treats, plus a lovely gift basket filled with lots of goodies every dog will love. *Prize donated by: Pet Supermarket.*

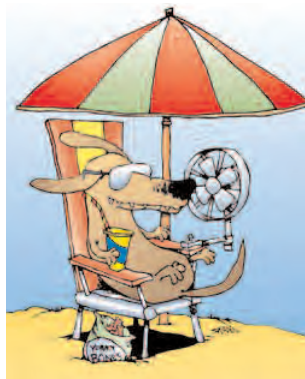
Runner Up Prize – The person who guesses the 2nd closest to the correct number without going over, will receive a beautiful “collectable” Papillon Coffee Mug. *Prize donated by: Nancy Sundburg.*

In the event of a tie at any of the prize levels, the winner will be decided by the order the entries were received.

Please visit the following website for more information:

http://www.paphaven.info/dog_days_of_summer.html

or contact Jim Parrot at paphaven@gmail.com



A SONG FOR GUS

Leslie Segir 6/28/2010

Oh, sweet precious little Gus,
How quickly you stole my heart.
A few short days you stayed with me,
But I loved you fiercely from the start.

You were found wandering in the streets,
How long you roamed wasn't clear.
One back leg dangled uselessly,
And in your eyes I saw such fear.

They needed a temporary foster home,
Or to the pound you would have to go.
I was asked to lend a helping hand,
And of course I would never say no.

Gus was the name that we gave you,
Though why, I could not say.
And I knew I'd fallen in love with you,
From the first time I saw you that day.

Tiny and broken you might have been,
But you didn't let that stop you.
Despite being in a new situation,
Your Papillon spirit came shining through.

Too soon you went to your foster home,
Though I'd miss you, I knew it was best.
And I knew whoever adopted you,
Would realize they were especially blessed.

But first you had to have surgery,
And from heart worms you had to be cured.

I heard you were handling it beautifully,
Through sickness and pain you endured.

I don't know what happened in your
forever home,
I heard things did not go so well.
Once more you were rescued by Paphaven,
I think your life might had been hell.

Though they desperately tried to save you,
In the end it was not meant to be.
With heavy hearts the decision was made,
It was time to let your soul free.

Fly free sweet, precious butterfly!



AUCTION MAY BE OVER, BUT PREP NEVER ENDS ...

WE NEED YOUR HELP!

Do you have a closet full of gifts that you received that you can't (or won't) use??? Would you be willing to donate them to PapHaven? Good, NEW, unused gifts can be donated to auction / fundraising committee for the Auction! Also, the newest addition to our fundraising efforts, MissionFish, is ALWAYS looking for donations.

Jim Parrott writes, “*eBay/ Mission Fish is up and running. But, sadly we have only a few items for sale. We need more items! If you have items to sell, please contact me. You may have items that can't go in the auction but may be useful for eBay. They don't have to be dog-related. Every penny we sell goes to PapHaven! New items that you can't re-gift, collectibles, etc. Look around and see what you can find. You may know a local vendor with items to*

donate. These can be turned into cash.”

Come on everyone! Tap EVERY source you know ... local wood-workshops, crafters, etc. Antique jewelry you no longer wear? Do you know someone who paints, or does great photography, etc.? Would they donate a piece of their work? Think about it ...

If you have something you think would be a good donation, please take a picture and email it and the info / dimensions of the item to paphaven@aol.com. Jim will be able to tell you if the items can be used and what the next step is.

Don't delay! Prep for the Auction is a year-round event! If you are out-&-about and see something you think is unique, would you be willing to pick it up and send it along to the Auction? Crafters, get your art / sewing / needlecraft supplies ready! And *MissionFish* needs donations NOW!

TIME TO CLEAN OUT & HELP

PapHaven Rescue is hosting an online gadget drive through Gazelle to raise money for the Papillons we love and serve, and would love your support.

A gadget drive is a new way to fundraise that turns your used and unwanted electronics (laptops, cell phones, MP3 players, digital cameras, & more) into cash to support our cause. Contributing to this drive is simple. Just visit the webpage, find the value of the gadgets you would like to donate, and send them to Gazelle (shipping is free). The value will go to support PapHaven.

If you would like to donate, please check out the drive's page (<http://paphaven.gazelle.com/>) to learn more and track our progress. You will receive a confirmation of your donation by email, and PHR will be notified as soon as you make your donation.

Thank you for your support,

To learn more about Gazelle, visit gazelle.com.



YOU DECIDE!

HARNESSES VS COLLARS?

http://www.barkleyandpaws.com/Dogs/Apparel/Dog_harnesses_vs_dog_collars?_201002153250/

There always seems to be a question of which tool is best for walking, training, etc. As a dog owner, you may be wondering whether the dog collar or dog harness is best. They both have benefits, but is one more superior than the other?



ROMAN

There are several factors when deciding which of these is better. A dog harness and collar can be used in similar ways to compare the two. However, they are also very different so the best of the two really

depends on the goal you are trying to achieve.

Dog collars are best to hang identification tags. They are very helpful for training. They are the best for teaching your dog commands.

For teaching dogs to walk on a leash without pulling on it, harnesses can be the best choice. Harnesses allow your pull to be spread evenly across their torso without any fear of damaging your dog's neck. No-pull harnesses are made of soft nylon with a ring in front of the dog's chest, instead of the top of its back. If your dog is hyper-active or hard to control, place him or her in a no-pull harness.

dog from moving around your car or jumping out the car. Dog harnesses can double as a seat belt for your dog. Your dog harness can be connected to your car's seat belt to keep them safe and secure during your drives.



STEP-IN

Both dog harnesses and collars are best in their respective areas. It is important to remember that both dog collars and harnesses are beneficial for different things. Decide what your goal is and you will be able to know which is best for your dog right now.

PAPHAVEN'S PERSPECTIVE

PHR doesn't recommend step-in or H-style harnesses for foster paps. They can be escaped from more easily.

While both collars and harnesses have their particular purposes, PHR does actually recommend both! I realize that this may sound confusing, but hear me out.



H-STYLE

Our Paps, along with their friends in the toy breeds, have extremely soft and tender throats! But they can also have minds of their own! If you have a new foster who is still extremely skittish of

people, he or she may attempt to pull away from new people while you are out for your walk. This pulling and tugging can cause throat damage. Over a prolonged period of time, this can cause the possibility of a collapsing trachea ... which can sometimes be fatal.

Our perspective regarding collars and harnesses is quite simple. Our Paps should each wear a collar for identification purposes ONLY! This collar should include the dog's ID, rabies tag, and state ID number (where necessary). For the purposes of walking and socialization, each dog should have a harness.

The harness styles/colors displayed in this article can be purchased at <http://www.lupinepet.com/>

Some dog harnesses can be difficult to get your dog in to. Dog collars are easier to put on. If you are turned off by all the straps and clips of a dog harness, invest in a step-in dog harness (*shown right*) so all your dog simply has to do is step in to it and you are ready to go.

If you travel a lot, a dog harness can prevent your

Join other PHR members on this exciting site! Network, share ideas, chat that are OT (off-topic) on the PapHaven group's site.

We have arrived! You now can find us on Facebook. Please feel free to join us and help spread the word. This is a great place to share pictures and stories.

Also, join the **Facebook - Papillon Haven Rescue (PapHaven)** page. Or refer your friends and family to this page ... great way for them to get their 'feet wet' to the fundraising and ideas of PHR! Our e-news, fundraising, and general information are up-to-date for anyone who wants to get a better idea about what we do!

If you have items to post and would like us to do it for you, please contact Rita Charvat (rcharvat@ford.com).

If you are already a member of Facebook, look us up! We will be using Facebook and Twitter to post future events and discussions.





THE TRUTH ABOUT CAT & DOG FOOD

By JANE E. BRODY - Published: May 31, 2010
This article appeared in print on June 1, 2010, on page D7 of the *NY Times*.

A visit to a local supply store for pets has convinced me that many people's pets eat better than their two-legged companions, or their companion's children.

Whatever you think your pet needs (dog or cat, that is, I'm not getting into nutrition for birds, rabbits, turtles and the many exotic animals people keep as pets), there is a product ready to meet it: organic, holistic, natural, raw, kosher, all-meat, gluten-free, high-fiber, high-protein, grain-free, low-fat, "lite," vegetarian, and anti-allergy. There are products for young and old pets and those with sensitive skin, sensitive stomachs, and sensitive skin and stomachs, as well as foods enriched with supplements like antioxidants, omega-3 fatty acids, glucosamine and chondroitin, the value of which has yet to be established for people, let alone pets.

Do conscientious pet owners who buy these products really scour the supermarket for the human equivalent of "Grain-Free Optimal Holistic Nutrition for Dogs, Thoughtfully Chosen Whole Food Natural Ingredients in Every Bite," as proclaimed on the package of Earthborn Primitive Natural dog food? Or baby food like Innova Puppy Food made with turkey, duck, barley, brown rice, apple, carrot, potato, egg, cottage cheese, tomato, and alfalfa sprouts?

Parents know how to respond when a baby reacts badly to a newly introduced food. But if a puppy eating Innova had a food sensitivity, how could you tell which ingredient was responsible?

I'm not against feeding pets well. They are, after all, much-loved members of the family, providing valuable emotional support. Although both cats and dogs can be as mischievous as toddlers and as rebellious as teenagers, they are always happy to see you and they never talk back.

In fact, too often pets are over-indulged, with too much food and too many snacks in proportion to the exercise they get. Veterinary groups have estimated that 20 to 60 percent of American dogs and cats are overweight or obese and at risk of developing heart disease, high blood pressure and Type 2 diabetes.

And I wonder whether people who invest in high-end pet foods are getting their money's worth. Are their pets really healthier and happier? Do they live longer? And are these foods any better than the generic versions sold in supermarkets and big-box stores?

Recognizing the high value most owners place on their companion animals, and distressed by recent recalls of contaminated pet foods, two scientists decided to examine the pet food industry and the evidence for the value of its products and the claims made for them. Marion Nestle (pronoun-ced NES-sel), the Paulette Goddard professor of nutrition, food studies and public health at New York University, and Malden C. Nesheim, emeritus professor of nutrition at Cornell University, have packaged their findings in "Feed Your Pet Right: The Authoritative Guide to Feeding Your Dog and Cat," published in May by Free Press.

In an interview, Dr. Nestle said: "People are willing to spend anything on their pets. The \$18-billion-a-year pet food industry is considered to be recession-proof. Although during this economic downturn shelters have been overwhelmed with pets people could not afford to keep, those who have kept their pets are not stinting on what they spend to feed them."

(continued on pg. 5)

WISE ABOUT TREATS

I can't tell you how many times I've been told, "Oh, I NEVER give my dog table scraps as treats." Every time I hear this, I always think the same thought: "I bet your table scraps are far more nutritious than most dog treats you find at your local pet supply store!"

As sad as it sounds, plenty of dog treat manufacturers don't have a dog's health in mind. Instead, they create canine junk food made of non-nutritious, cheap ingredients that might look tasty, but offer little else. Many treats include by-products: "waste" from a butcher that can include bones, blood, intestines, ligaments, heads, feet, and feathers — *yes, we said feathers!* Corn or wheat are notorious for being highly indigestible to dogs; chemical preservatives like BHA and BHT, which are potential cancer-causers; or animal fat, rendered animal fat, restaurant grease, or other oils too rancid or deemed inedible for humans.

Dogs are carnivores, and as such, not only do they naturally crave meat, but it is the most nutritious food group for them. When choosing food, be sure that it is a heavily meat-based selection (*avoid the above-mentioned no-no additives*). When it comes to treats, a meat-based one is best for your small dog. From freeze-dried liver bits, to dehydrated beef or chicken pieces, there are many "smart treats" available, although you may have to seek out a higher-quality pet supply store rather than just shopping at your local retail pet food chain.

In small amounts, treats containing non-meat ingredients are fine, as long as you select wisely. For a chew-treat, try an edible bone made of ingredients that are more easily digestible (*Zuke's Edible Dental Chew Bones*, for example, made from a potato starch base) instead of rawhide which can irritate the stomach lining. Biscuit-type treats should preferably be wheat-free and corn-free, and use only fresh, all-natural ingredients.

Another easy treat option — and maybe the best one for your small dog — is simply pure cooked meat, avoiding all deli cold cuts, since they contain chemical preservatives. Slice off a small bite of cooked chicken breast, or let your little one nibble on a piece of hamburger. Your pooch will go wild with snacking delight, as you thoughtfully — and nutritiously — cater to the carnivore in them.



WWW.PAPHAVEN.ORG
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AS OF 6/30/10:
775 RESCUES

The Way Home is a monthly e-publication for the members/ supporters of the Papillon Haven Rescue (PapHaven).

NEWSLETTER DEADLINE

Materials and color photos for the next issue must be received by the 15th of the month prior to publication. Send materials to: norajl169@yahoo.com

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TIPS ABOUT YOUR DOG & SUMMER TRAVEL

Summer months see more Americans hitting the road for weekend trips and extended vacations. More and more pets are now joining their owners on these trips. When traveling with your pet in the car, it's important to follow these tips:

- **Use Proper Restraint:** When traveling in your vehicle, your pet should always be properly restrained for both your safety and theirs. In the case of an accident, a dog can weigh up to 30 times its weight upon impact while traveling at 35 mph. Today, many companies create seatbelt systems and crates to keep animals safely secured while on the road.
- **NEVER Leave Your Pet In the Car:** In 70-degree weather and above, it takes only minutes for the temperatures in your car to escalate to triple digits. Leaving the window open an inch does not provide adequate ventilation. Many states are passing laws that prohibit leaving your pet alone in your auto. So if your car is parked, please make sure to remove your pet from the car.
- **Bring Water:** Car travel can make your pets feel anxious and result in nervous panting. Be sure to take frequent breaks during your trip to allow your pet the opportunity to re-hydrate.

LOOKING FOR PLACES TO STAY WITH YOUR PET?

Check out these websites designed to help you find pet-friendly lodging!

<http://www.bringfido.com/>

<http://www.dogfriendly.com/>

http://www.tripswithpets.com/hotel-chain.asp?chain=pets_friendly_resorts

THE TRUTH ABOUT CAT & DOG FOOD (continued from pg. 4)

She noted, however, that the so-called premium pet foods cost three to four times more than supermarket brands. Within the premium brands, there is also a wide price range, yet when the ingredients lists are compared, they are strikingly similar since all have to meet certain nutritional standards. The first five ingredients of nearly every kind of dog and cat food are generally the same, representing protein, fats, and carbohydrates, Dr. Nestle said, adding that “anything listed below the salt would be present in only very small amounts.” She and Dr. Nesheim compared 10 premium chicken dinners for dogs and found that all contained basically the same ingredients: All start with chicken or chicken broth, followed by grains and vegetables. The nonpremium brands use more grains, poultry, meat, and fish byproducts.

Most important, Drs. Nestle and Nesheim say, is to look for products labeled “complete and balanced,” indicating that they meet the nutritional requirements of cats and dogs listed by the Association of American Feed Control Officials. This organization, in conjunction with the Food and Drug Administration, state officials and the animal feed industry, develops model regulations for pet foods, which are voluntary unless encoded in state laws.

“All pet foods are made from the by-products of human food production,” Dr. Nestle explained. “No matter what the package says, your dog is not getting whole chicken breasts, but what remains after the breasts have been removed for human food.”

And, indeed, it is primarily human food companies — Mars, Nestlé, Procter & Gamble, and Purina — that make the pet foods sold throughout the world. Of course, in much of the world, domestic dogs and cats survive on table and street scraps, not commercially produced pet foods. In seeking evidence for the

added value to health and longevity of commercial pet foods, the authors found almost none with any validity.

No agency requires proof of pet food health claims, and no pet food company is willing to invest in decades of research to determine whether its products keep animals healthier and extend their lives, the authors state. Pet food companies say they do research, but it is rarely done in a scientific fashion, with comparable control and experimental groups. There is, however, ample evidence that, despite claims to the contrary, both dogs and cats “are perfectly able to digest grains if they are cooked,” Dr. Nestle said.

None of this should imply that different pet food products make no difference to individual animals. When my friends’ Havanese began licking its paws incessantly, the vet suggested they try a corn-free pet food, which stopped the itching. However, they need not spend \$31 for a 12.5-pound bag of premium food free of corn; Costco’s Kirkland Super Premium Dog Food, also free of corn, costs about \$15 for a 40-pound bag.

Still, Dr. Nestle suggested, “if one or another brand seems to completely change the way a dog behaves or cures an allergy, when you find something that works for you, stay with it.”

While many pay good money for marketing gimmicks, Dr. Nestle also does not object to people paying for attributes they value. If characteristics like natural, organic, holistic, vegetarian, or kosher are important to pet owners, it may be worth it to them to pay top dollar for pet foods that claim to provide the desired attribute, even if there is no official or enforced definition of the claim.

Although some owners insist on cooking for their pets, the authors said animals are more likely to get all the nutrients they need, and in the right amounts, from a commercial product.

“Besides, the pet food industry serves an important ecological function by using up food that would otherwise be thrown out,” Dr. Nestle said. “If everyone cooked human food for the 472 million cats and dogs in America, it would be like feeding an additional 42 million people.”

INTRODUCING PAPHAVEN RESCUE — WWW.PAPHAVEN.ORG

This group came about through the love of a small deaf puppy that required transport halfway across the country to her new home. It took the effort and dedication of people from Texas to Washington D.C. and on to Ohio. It took the cooperation of three other rescue groups. In the end, it took the hearts of every one. It is this good will and renewed faith in the goodness of people everywhere that led us in forming Papillon Haven Rescue (Pap Haven). We are a 501 (c)3 non-profit organization, all volunteer national group specializing in Paps and Papillon mixes, their rescue, and rehabilitation.

Since then, PapHaven Rescue has grown dramatically and continues to grow and evolve to try to meet the changing needs of rescue and the on-going saga of Papillons in need... where ever they are.

We would like to invite you to join in our rescue efforts. With hands reaching out across the country, we can form a circle of love and caring that refuses to let even one Papillon in need fall through the cracks. We are not in competition with any other rescue groups. In fact, it is our goal to work hand in hand with every rescue group and shelter that will join us in this effort. We will not ask for perfect lineage, origins, or looks. We will coordinate with other groups for transporting each other's breed. We welcome volunteers, sponsors, interested folk, contributors, and especially kind words.

Our eNewsletter, *The Way Home*, will try to bring informative articles, announcements, feature stories, up-coming events, and urgent alerts about situations where the need for rescue is great.

XYLITOL TOXICITY

Sugar substitutes are big business. Less sugar can mean weight loss, improved health, diabetic control, and even reduced tooth decay. The quest for products that can sweeten and cook like sugar is ongoing. Xylitol is a common sugar substitute, especially when it comes to sugarless gum. Not only does xylitol offer sweetness without calories, it also has antibacterial properties in the mouth so as to reduce periodontal disease and has been found to have far reaching health benefits in other areas of the body. Xylitol may help with osteoporosis, prevention of ear and throat infections, and may reduce risk of endometriosis, uterine fibroids, and even breast cancer.

Sounds wonderful and maybe it is – if you are a human. If you are a dog, xylitol is potentially lethal.

TWO DEADLY EFFECTS OF XYLITOL:

Hypoglycemia

In the canine body, the pancreas confuses xylitol with real sugar and releases insulin to store the "sugar." The problem is that xylitol does not offer the extra calories of sugar and the rush of insulin only serves to remove the real sugar from the circulation. Blood sugar levels plummet, resulting in weakness, disorientation, tremors, and potentially seizures.

It does not take many sticks of gum to poison a dog, especially a small dog (*see below for toxic doses*). Symptoms typically begin within 30 minutes and can last for more than 12 hours. Vomiting and diarrhea may also occur.

Hepatic Necrosis

The other reaction associated with xylitol in the canine body is actual destruction of liver tissue. How this happens remains unknown but the doses of xylitol required to produce this effect are much higher than the hypoglycemic doses described above. Signs take longer to show up (typically 8-12 hours) and surprisingly not all dogs that experience hepatic necrosis will have experienced hypoglycemia first. A lucky dog experiences only temporary illness but alternatively, a complete and acute liver failure can result with death

following. Internal hemorrhage and inability of blood to clot is commonly involved.

HOW MUCH IS TOO MUCH?

The hypoglycemic dose of xylitol for dogs is considered to be approximately 0.1 grams per kilogram of body weight (about 0.45 gram per pound). A typical stick of gum contains 0.3 to 0.4 grams of xylitol which means that a 10 lb dog could be poisoned by as little as a stick and a half of gum.

The dose to cause hepatic necrosis is 1 gram per kilogram of body weight, about ten times more than the above dose. In the example above, the 10 lb dog would have to find an unopened package of gum and eat it for liver destruction to occur.

TREATMENT

Ideally, the patient can be seen quickly (within 30 minutes) and can be made to vomit the gum or candy. Beyond this, a sugar IV drip is prudent for a good 24 hours. Liver enzyme and blood clotting tests are monitored for 2-3 days. Blood levels of potassium are ideally monitored as well. Elevated blood phosphorus levels often bode poorly.

WHAT ABOUT CATS?

So far National Animal Poison Control has no reports of xylitol toxicity in the cat. At this time feline toxicity is unknown.

WHAT ABOUT MOUTHWASHES FOR PETS WITH XYLITOL?

The oral health benefits of xylitol do seem to hold true for dogs if appropriately low

doses of xylitol are used. A product called Aquadent® has been marketed for canine oral care, specifically for dogs that do not tolerate other methods of dental home care. This product is mixed in drinking water to provide antibacterial benefits. It comes in a 500cc (half liter) bottle that contains a total of 2.5 grams of xylitol as well as in small packets. If one follows the dosing instructions on the bottle or packet, there should be no problems.

Trouble could occur if there are animals of different sizes drinking from the same water bowl (one should dose for the smallest animal to use the bowl to be sure overdose is not possible). A dog finding the bottle and chewing it up, drinking a substantial quantity of the undiluted product, could easily be poisoned depending on the dog's size.

KEEP THIS NUMBER HANDY:

(888) 426-4435

This is the number for National Animal Poison Control, a 24-hour service whereby you can speak directly to a veterinary toxicology specialist. In addition to advice you will receive a case number which your veterinarian can use for further consultation at no additional charge.

Consultations are approximately \$60, but if your pet has a HomeAgain microchip enrolled in the full service registration program, poison control consultations are free. Simply provide your pet's microchip number to the assistant on the phone. Any brand of microchip can be registered in the HomeAgain program for \$14.99 by calling 1-888-HomeAgain.

HELP WANTED!

WHAT DO YOU FEED YOUR DOG?

If the answer is Natural Balance, then we need your help!

Van Patten's Natural Balance Pet Foods has offered to make a donation to a rescue group if they can save 50 bar code / purchase receipts from their foods (specific flavors don't matter). They do require 50 bar codes before they accept a submission.

If you can help, please send your bar codes and receipts to **Stephanie Sherwin** – she will collect and then mail in the necessary paperwork when we have enough for submission. This is a continuous program – so please save them!

Please send to: 4 Woodsong, Roland, AR 72135



PAP-OF-THE-MONTH: HONDO & MONARCH

Hi! My name is Hondo (5 yrs). I think I am a Phalene Papillon. I am ready to find my very own furever home! I am about 12 inches



Hondo

in height and weigh in at about 9 pounds. I am tri-colored with a handsome little mask on my face. My hair is long and fluffy with the most beautiful full tail that

curls over my back. I've got big brown eyes that you will just fall in love with! I am shy at first, but once I learn to trust you I become more and more comfortable sharing my personality. I was very scared when I first came to my foster home, but I do enjoy being part of things now. I run around when I'm outside and play with all of the other dogs here. I like being a couch potato when I'm inside. My favorite spot is at the bottom of my foster parents bed. When I want something – whether it be food, a treat, a lift onto the bed or to go out and potty – I whine; and if I really want your attention I will whine and when you look I will spin in circles. I like to bark if someone comes to the door or when the alarm goes off in the mornings. I get along with other dogs big or small. I ignore the cat here. I think I would like to find a home that had another dog so that I had a buddy to follow. I wouldn't mind being with an older two legged brother/sister as long as they understood how to treat me. I want so much to have my own family to love. My foster mommy says that I

have so many more things to learn especially about people. She says that when the right person comes along and takes me home forever that I will continue to learn that having your very own family is the bestest thing in the whole wide world. She says I will finally understand that there are people that will love me unconditionally. I think she talks too much... Are you my new parents? If you think you might be please email us.

My name is Monarch (8.5 yrs.). I am a very shy sweet boy who is looking for a patient, kind and loving home. I weigh in at 10.5 pounds and am 12.5 inches tall. I had a rough start to my life spending all my life in a cage. I was rescued by some nice people and now am in foster care trying to learn how to be a pet. My progress has been slow but steady. My eyes are the window into my soul (or so that is what my foster mom says). I want so badly to trust and be loved but I am scared. It confuses me that I am no longer living my life in a cage and am allowed to go outside to potty, come into the



house and eat. I am working on leash and crate training. Since I spent so much of my life in a cage I don't like being crated and my foster mommy says I will probably never like to be in a crate. She is trying though to get me more comfortable with it.

I get along fine with all of the other dogs here and ignore the cat. It was hard at first to let anyone pet me but now I sneak up on my foster mom and lick her hand when she is petting the other dogs. I even allow her to pick me up. I lay my head on her shoulder and I really like it... but don't tell her that. I only have one canine tooth left and my foster mommy nicknamed me "Snaggletooth." I don't know what that means exactly but I know I need soft food in order to eat. My perfect furever home would be with someone who is willing to open their heart to me, accept me for who I am, and meet me at my level. I think I would like another four legged sister or brother to help me know how to act. My foster mommy says I deserve a life of luxury since I had such a rough start. Do you have room in your heart for me?

BOOK REVIEWS –

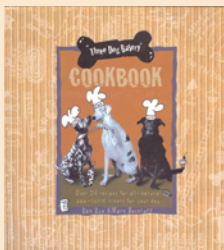
'WE'RE ALL EARS!'

THREE DOG BAKERY

COOKBOOK: Over 50 Recipes for All-Natural Treats for Your Dog

By Dan Dye

This is a great find for dog owners who want to know they are giving their pets fresh, wholesome food that tastes good, especially in light of all the recent food scares.



IN THE BAKERY WINDOW ...

BANANA PUPCAKES

by Rachael Ray

18 Servings
Prep: 10 min
Bake: 25 min



INGREDIENTS:

2-1/4 cups flour
3/4 teaspoon baking soda
1/2 teaspoon baking powder
1/2 teaspoon salt
1-1/2 cups mashed very ripe banana (2 or 3 bananas)
1/4 cup plain yogurt or buttermilk
1 teaspoon pure vanilla extract
1 cup granulated sugar
1 stick (4 ounces) unsalted butter, softened
2 large eggs
Confectioners' sugar, for dusting

DIRECTIONS:

Preheat the oven to 350°. Line 18 standard-size muffin cups with baking liners. In a medium bowl, combine the flour, baking soda, baking powder and salt. In a separate bowl, mix the banana, yogurt and vanilla extract with a fork until combined (the mixture will be slightly lumpy).

Using an electric mixer, beat the granulated sugar and butter at high speed until light and fluffy, about 5 minutes. Add the eggs, one at a time, and beat until combined, scraping down the sides of the bowl between additions. On low speed, beat in half the dry ingredients, then all of the banana mixture. Add the remaining dry ingredients and mix until just combined; do not overmix.

Spoon the batter into the liners, about three-quarters full. Bake until a toothpick inserted in the center comes out clean, 20 to 22 minutes. Let cool completely on a wire rack and then dust with confectioners' sugar, using a dog-bone stencil.

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If you have items to post and would like us to do it for you, please contact Rita Charvat (rcharvat@ford.com).

If you are already a member of Facebook, look us up! We will be using Facebook and Twitter to post future events and discussions.



PAWFRIENDLY LANDSCAPES (PFL) TIP

<http://www.facebook.com/home.php?#!/photo.php?pid=4320417&id=223141086885>

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Are you suffering from allergies? Add apple cider vinegar (ACV) to your diet to cure allergies, sinus infections, sore throats, acid reflux, have a clearer complexion and lose weight! Dogs, cats, and horses can benefit from ACV, too – it helps with arthritis, controlling fleas, and barn flies as well as keeping their coats shiny!



ACV contains calcium, magnesium, and potassium and is high in vitamins B1, B2, B6, E, and A. As always, check with your veterinarian prior to adding ANYTHING new to your pet's diet.

STANDARD DOSAGE:

For humans: Add 2 tsp to 8 oz of water 3x's per day. You can bump it up to 2 tablespoons after seeing how your body responds to the standard dosage.

For dogs: One tsp twice a day for a 50 lb. dog – however, check with your veterinarian prior to starting this regime.

For cats: 1/2 teaspoon with 3 tbsp of water mixed into one can of food. Again, check with your veterinarian prior to adding ACV to your cat's diet.

For fleas, flies, ticks – fill a spray bottle with ACV and spray on your dog's coat. ACV makes your dog's coat unpalatable to pests. Your dog may smell like a salad but that's a small price to pay for the benefits!

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Adopting / Fostering / Volunteering

Please contact PHR at (501) 865-4442

Email: jorolan@catc.net or dogmom5@twcny.rr.com

Website: www.paphaven.org

*"Dogs come into our lives to teach us about love ...
they depart to teach us about loss.
A new dog never replaces an old dog, it merely expands the heart.
If you have loved many dogs, your heart is very big."* Erica Jong



Medications for Your Pet: 10 Questions to Ask Your Vet



To prevent or treat an illness in your pet, your veterinarian may prescribe a medication.

Understanding important information about the medication and how to treat your pet can help your animal's recovery or continued good health.

"Just as you would talk to your doctor about a medicine prescribed for you or your children, you should talk to your veterinarian

1. Why has my pet been prescribed this medication and how long do I need to give it?
2. How do I give the medication to my pet? Should it be given with food?
3. How often should the medication be given and how much should I give each time? If it is a liquid, should I shake it first?
4. How do I store the medication?
5. What should I do if my pet vomits or spits out the medication?
6. If I forget to give the medication, should I give it as soon as I remember or wait until the next scheduled dose? What if I accidentally give too much?
7. Should I finish giving all of the medication, even if my pet seems to be back to normal?
8. Could this medication interact with other medications my pet is taking?
9. What reactions should I watch for, and what should I do if I see any side effects?
10. When should I bring my pet back for a recheck? Will you be calling me to check on my pet's progress, or should I call you?

FDA encourages veterinarians and animal owners to report serious side effects from medications to FDA's Center for Veterinary Medicine at 1-800-FDA-VETS.

about your pet's medications," says Bernadette Dunham, D.V.M., Ph.D., director of the Center for Veterinary Medicine at the Food and Drug Administration (FDA). "And if you have any questions after you leave the animal clinic, don't be afraid to contact and follow-up with your veterinarian."

Here are 10 questions you should ask your vet when medication is prescribed.

1. Why has my pet been prescribed this medication and how long do I need to give it?

Your veterinarian can tell you what the medication is expected to do for your pet and how many days to give it.

2. How do I give the medication to my pet? Should it be given with food?

Your pet may have fewer side effects, like an upset stomach, from some drugs if they are taken with food. Other medications are best to give on an empty stomach.

3. How often should the medication be given and how much should I give each time? If it is a liquid, should I shake it first?

Giving the right dose at the right time of the day will help your pet get better more quickly.

4. How do I store the medication?

Some medications should be stored in a cool, dry place. Others may require refrigeration.

5. What should I do if my pet vomits or spits out the medication?

Your veterinarian may want to hear from you if your pet vomits. You may be told to stop giving the drug or to switch your pet to another drug.

6. If I forget to give the medication, should I give it as soon as I remember or wait until the next scheduled dose? What if I accidentally give too much?

Giving your pet too much of certain medications can cause serious side effects. You'll want to know if giving too much is a cause for concern and a trip to the animal emergency room.

7. Should I finish giving all of the medication, even if my pet seems to be back to normal?

Some medications, such as antibiotics, should be given for a certain length of time, even if your pet is feeling better.

8. Could this medication interact with other medications my pet is taking?

Always tell your veterinarian what other medications your pet is taking, including prescription medications, over-the-counter medicines, and herbs or other dietary supplements. You may want to write these down and take the list with you to the vet's office.

9. What reactions should I watch for, and what should I do if I see any side effects?

Your veterinarian can tell you if a

reaction is normal or if it signals a serious problem. You may be asked to call your vet immediately if certain side effects occur.

FDA encourages veterinarians and animal owners to report serious side effects from medications to FDA's Center for Veterinary Medicine at 1-800-FDA-VETS. For a copy of the reporting form and more information on how to report problems, visit the Web site, How to Report An Adverse Drug Experience at www.fda.gov/AnimalVeterinary/SafetyHealth/ReportaProblem/ucm055305.htm.

10. When should I bring my pet back for a recheck? Will you be calling me to check on my pet's progress, or should I call you?

Your vet may want to examine your pet or perform laboratory tests to make sure the medication is working as it should.

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