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# THE WAY HOME

An outreach e-communication from Papillon Haven Rescue

5726 Sagebrush Trail • Arlington TX 76017 • [www.paphaven.org](http://www.paphaven.org) • Issue 24 — May 2008

## PHR WINS WEBSITE AWARD

In a recent email from Pet Forums Community, ([petforums.co.uk](http://petforums.co.uk)) Stacey Blackledge informed Jan that PHR was receiving an award!

*I am happy to be writing, to present your Papillon Haven Rescue Rehab website with the "Pet Community Dog Rescue" award.*

*The Pet Community award is handed out to special dog rescue websites who go above and beyond the call of duty to help abandoned and homeless dogs in their local communities. As most people*

*know, all pet rescue centers are made up of hard working, dedicated volunteers who give their valuable time to this great cause, and this award is to say your hard work is appreciated and acknowledged by pet lovers within our own online pet community.*

*By being given this award, you are entitled to display our Pet Community award graphic on your website.*

*Congratulations again on receiving this award and hope you display it proudly on your website for your visitors to see.*



## CELEBRATIONS IN MAY

**4-10 — National Pet Week**

**4-10 — Be Kind to Animals Week**

**18-24 — National Dog Bite Prevention Week**



## PAP-OF-THE-MONTH: MERLIN

Merlin weighs 8.4 pounds and is a cutie pie tri-colored Pap. Even though he lost a few teeth in his dental, he has no trouble eating and this doesn't bother him in the least. He is a hearty eater and loves to go outside. Even though Merlin has not quite perfected his house training manners, he is very close.

"Merlin here... I just wanted to be the first to tell you that I have not had to wear that %^&%\$ diaper for a week now and I haven't had any accidents!! MaMa said she's so proud of me!"

He loves to sit in your lap and sleep and he likes to sleep in the bed with you. He is ok with cats and doesn't mind the bath.

"Hey y'all Merlin here, I would love to have a new mom and dad that likes to snuggle some, and play with squeaky toys a little. We could sit and watch TV all day if you want, or I can entertain you by chasing the laser bug. My foster mommy found out how much I like the red laser bug and we play chase all the time now. I love my nyla bones and my pig hoof. I'm really a quiet little fellow and I only bark when a boogie man comes around. I want to come home with you and be your snuggle bunny, Pleeeeaataaaase!! Cya soon Merlin!"



Merlin

## BE AN 'EDUCATED-OWNER'

### COLLAPSED TRACHEA

**C**ollapsing trachea (or collapsed trachea) is a common condition that causes coughing in small and toy breeds of dogs... and can be fatal!

Let us start with an explanation of how the dog breathes. The respiratory system is basically comprised of the opening in the nose, the sinuses, the larynx (air passage containing the vocal cords), the trachea (wind pipe), the bronchial tubes, and the lungs. It has a dual purpose in the dog: to remove carbon dioxide from the body replacing it with oxygen, and to act as a cooling system. Since dogs do not have sweat glands they cannot perspire to lower their body temperature. By breathing faster, warm air from the body is exchanged with cooler air from outside.

The act of breathing is accomplished by the actions of the rib muscle and the movement of a large internal muscle called the diaphragm. The diaphragm separates the chest from the abdomen. Movement toward the abdomen causes the pet to breathe in fresh air. As the pet inhales, fresh air moves through the nose and larynx to the trachea. This rigid tube is supported by tough rings of cartilage. It carries the air to the bronchi, which in turn supply the lungs.



**normal trachea    moderate collapse    severe collapse**

#### WHAT IS A COLLAPSED TRACHEA?

The trachea is supported by tough rings made of cartilage. Occasionally, the trachea will lose its rigidity and collapse while the dog is breathing. For unknown reasons, the cartilage rings weaken and the trachea no longer has proper support. The collapsing trachea syndrome is most often seen in toy breeds over the age of five, commonly Toy Poodles, Pomeranians, and some of the Terriers.

#### WHAT ARE THE SYMPTOMS?

The symptoms of this syndrome depend on the severity of the deterioration.



**Normal Trachea**

Usually, the dog will have difficulty breathing, especially during exercise. The deeper the pet tries to inhale, the more the trachea collapses, further restricting air flow (similar to sucking on a straw too hard). The pet appears to tire easily as it becomes short of breath. Dogs with a collapsing trachea will generally cough as if trying to clear the airways, and this cough can occasionally sound like a goose honk. In very severe cases, the tongue and gums will appear blue as breathing becomes restricted.

#### WHAT ARE THE RISKS?

Most dogs suffering with the collapsed trachea syndrome live normal – but restricted – lives. Activity is generally limited because the ability to breathe deeply when exercising is hindered. Left untreated, the restricted air flow can put undue stress on the heart and lungs as they try to compensate for the inability to breathe properly. Obese dogs are at greater risk than others.

#### WHAT IS THE MANAGEMENT?

Examination with the fingers and radiographs (x-rays) will generally confirm the diagnosis. Depending upon the severity of the condition, medications can help. Veterinarians usually prescribe drugs to help dilate the airways. The coughing is controlled by cough suppressants. If the pet is obese, we suggest a stricter diet. Finally, activity should be restricted and not encouraged. Dogs with collapsing tracheas should wear harnesses instead of collars in order to take any pressure off of the trachea. With the help of medication and modification of lifestyle, the collapsing trachea can be controlled but seldom cured. In severe cases, surgery to help open the airways may be beneficial, but most cases are managed medically not surgically.

## INSIDE THE BAKERY WINDOW ...

### PUMPKIN BISCOTTI

- 3 1/2 cups whole-grain spelt flour
- 1/4 cup flax seed
- 2 teaspoons baking powder
- 2 teaspoons cinnamon
- 1/2 teaspoon nutmeg
- 1/4 teaspoon ginger
- 1 tablespoon molasses
- 1/2 cup mashed canned pumpkin
- 3 large eggs, lightly beaten
- 2 teaspoons vanilla

1. Preheat oven to 350 degrees.
2. In a large bowl combine flour, half of the flax seed, cinnamon, nutmeg, baking powder, and ginger. In another bowl, combine pumpkin, two eggs, molasses, and vanilla; stir well.
3. Add flour mixture to pumpkin mix; blend until dry ingredients are moistened. Place dough on a lightly floured surface and knead lightly to incorporate all of the flour mixture.
4. Divide dough into four portions. Lightly flour hands and shape each portion into a log about 12 inches long. Place logs 3 inches apart on lightly greased cookie sheets.
5. Crack the third egg into a bowl and scramble. Using a pastry brush, paint tops of the loaves with the egg and sprinkle remaining flax seeds on top.
6. Bake for 20-25 minutes. Remove cookie sheet from oven and cool for 15 minutes.
7. Reduce oven temperature to 300 degrees. Cut each log diagonally into 1/2 inch slices using a serrated knife. Place slices back on cookie sheets. Bake for an additional 15 minutes. Cool completely.



## ARE YOU PREPARED ...

FOR THE ***BIG***  
AUTUMN AUCTION!

READ UPCOMING ISSUES  
OF 'THE WAY HOME' FOR  
DETAILS!

# ATTRACTIVE BRUNFELSIA PROVES DEADLY TO DOGS

According to a recently published study a veterinary toxicologist for the ASPCA Animal Poison Control Center (APCC), dogs seem to be particularly attracted to seeds and berries from the Brunfelsia plant, also known as “yesterday, today and tomorrow” and “morning, noon, and night.” In fact, dogs are most susceptible to poisoning by this gardener’s favorite, aptly named for its fragrant flowers that bloom in vivid purple and gradually change to lavender before fading to white.



From 2001 to 2006, APCC treated 38 cases of Brunfelsia poisoning involving 42 dogs. One California hound experienced stiff limbs and excessive drooling after ingesting several seeds from the plant. A terrier puppy from Florida developed life-threatening seizures after eating another part of the plant. With help from APCC and the services of a local emergency veterinarian, the puppy eventually made a full recovery.

“Brunfelsia toxicity can progress very rapidly to a potentially lethal situation, so it’s critical that pet parents seek immediate veterinary care,” said the toxicologist. “If pets consume any part of the plant, they can become ill within hours and develop gastrointestinal problems such as vomiting and diarrhea, as well as tremors, seizures, and muscle rigidity that makes the animal appear to be in a ‘sawhorse’ stance.”

The most commonly affected breeds are Labradors and golden retrievers, who, because they are very active, may be more likely to get to the plant’s seeds and leaves. But obviously, the smaller the dog, the greater possibility of difficulties or death.

If you have Brunfelsia in your home, please keep the plant in an area where pets can’t reach it, or replace it with a nontoxic alternative. Pet parents should remember to take precautions against the many plants and flowers that can prove harmful to their animals.

## TOXIC PLANTS TO BE AWARE OF

**Azalea/Rhododendron** – Members of the Rhododendron species contain substances known as grayantoxins, which can produce vomiting, drooling, diarrhea, weakness, and depression of the central nervous system in animals. Severe azalea poisoning could ultimately lead to coma and death from cardiovascular collapse.

**Castor Bean** – The poisonous principle in *Ricinus communis* is ricin, a highly toxic protein that can produce severe abdominal pain, drooling, vomiting, diarrhea, excessive thirst, weakness and loss of appetite. Severe cases of poisoning can result in dehydration, muscle twitching, tremors, seizures, coma and death.

**Cyclamen** – *Cyclamen* species contain cyclamine, but the highest concentration of this toxic component is typically located in the root portion of the plant. If consumed, *Cyclamen* can produce significant gastrointestinal irritation, including intense vomiting. Fatalities have also been reported in some cases.

**Kalanchoe** – Plant contains components that can produce gastrointestinal irritation, as well as those that are toxic to the

heart, and can seriously affect cardiac rhythm and rate.

**Oleander** – All parts of *Nerium oleander* are considered toxic, as they contain cardiac glycosides that have the potential to cause serious effects – including gastrointestinal tract irritation, abnormal heart function, hypothermia and even death.

**Sago Palm** – All parts of *Cycas Revoluta* are poisonous, but the seeds or “nuts” contain the largest amount of toxin. The ingestion of just one or two seeds can result in very serious effects, including vomiting, diarrhea, depression, seizures and liver failure.

**Tulip/Narcissus bulbs** – The bulb portions of these species contain toxins that can cause intense gastrointestinal irritation, drooling, loss of appetite, depression of the central nervous system, convulsions and cardiac abnormalities.

**Yew** – *Taxus* species contains a toxic component known as taxine, which causes central nervous system effects such as trembling, incoordination, and difficulty breathing. It can cause significant gastrointestinal irritation and cardiac failure, which can result in death.

## POISONOUS PLANTS

### Abdominal pain / diarrhea:

Skunk cabbage  
American yew  
Wisteria  
Apricot, almond  
Balsam pear  
Black locust  
English holly  
English yew  
House chestnut buckeye  
Japanese plum  
Mock orange  
Peach, cherry  
Privet  
Western yew

### Convulsions:

China berry  
Coriaria  
Moonweed  
Water hemlock

### Diarrhea/vomiting:

Bittersweet woody  
Castor bean  
Daffodil  
Delphinium  
Fox glove  
Ground cherry  
Indian turnip  
Larkspur  
Poke weed

Skunk cabbage

Wisteria

### Hallucinogens:

Loco Weed  
Marijuana  
Morning glory  
Nutmeg  
Periwinkle  
Peyote

### Mouth irritation:

Arrowhead vine  
Boston ivy  
Caladium  
Drunk cane  
Emerald duke  
Pathos  
Philodendron  
Red princess

### Skin irritation:

Chrysanthemum  
Creeping fig  
Poinsettia  
Pop mum  
Spider mum  
Weeping fig

### Varied effects:

Buttercup

Dutchman’s breeches

Jasmine

Lupine

Matrimony vine

May apple

Mescal bean

Mushrooms

Poison hemlock

Rhubarb

Spinach

Tomato vine

### Vomiting, abdominal pain, cramps, diarrhea. Possible tumors, heart/respiratory, &/or kidney problems:

Amaryllis

Asparagus fern

Azalea

Bird of Paradise

Creeping Charlie

Crown of Thorns

Elephant ears

Glocal ivy

Heart ivy

Pot mum

Spider mum

Umbrella plant

## BUTTERFLY DOGS

(written by Jared Cawley, age 10)

Butterfly dogs with long silky hair,  
Feathery tails that float through the air.  
Givers of kisses, with warm wet noses  
That warm your soul  
right down to your toe-ses.

Pretty little dogs that are so smart,  
They love their masters  
with all their hearts.  
Loaded with charm, intelligence, and  
ability,  
They sail with ease through obedience  
and agility.

White and sable, white and red,  
And sometimes mismarked we dread,  
Cute little tri's and black and white  
And with eyes that shine so bright.

A warm little body with a great big heart  
From their masters  
they never want to be apart,  
They'll love you forever  
until their life ends,  
Forever and ever  
they'll be your best friend.

### INTRODUCING THE PAPHAVEN RESCUE GROUP - [www.paphaven.org](http://www.paphaven.org)

This group came about through the love of a small deaf puppy that required transport half-way across the country to her new home. It took the effort and dedication of people from Texas to Washington D.C., and on to Ohio. It took the cooperation of three other rescue groups. In the end, it took the hearts of every one. It is this good will and renewed faith in the goodness of people everywhere that has led us in forming **Papillon Haven Rescue** (PapHaven). We are a 501(c)3 non-profit organization, all volunteer National group specializing in Papillons and Pap mixes and their rescue and rehabilitation.

Since then, PapHaven Rescue has grown dramatically and continues to grow and evolve to try to meet the changing needs of rescue and the on-going saga of Papillons in need... where ever they are.

We would like to invite you to join in our rescue efforts. With hands reaching out across the country, we can form a circle of love and caring that refuses to let even one Papillon in need fall through the cracks. We are not in competition with any other rescue groups. In fact, it is our goal to work hand in hand with every rescue group and shelter that will join us in this effort. We will not ask for perfect lineage, origins, or looks. We will coordinate with other groups for transporting each other's breed.

We welcome volunteers, contributors, sponsors, interested folk, and especially kind words.

Our eNewsletter, *The Way Home*, will try to bring informative articles, announcements, feature stories, upcoming events, and urgent alerts about situations where the need for rescue is great.

### BOOK REVIEWS -

## "WE'RE ALL EARS!"

**HELP FOR YOUR FEARFUL DOG:** by Nicole Wilde  
A Step-by-Step Guide to Helping Your Dog Conquer His Fears

From popular author and trainer Nicole Wilde! This comprehensive guide to the treatment of canine anxiety, phobias, and fears is filled with information that is invaluable for trainers. Topics include causes and prevention, establishing a Firm Foundation program, body language, desensitization and counter-conditioning basics, four essential skills to teach fearful dogs, behavior modification protocols to

address 15 specific fears including those of people, other dogs, sounds, nail-clipping, touch, and being left alone, and quick tips and tricks. Chapters on nine complementary therapies (including pharmacological intervention), products, and their specific applications to fear issues. Chock full of photographs and illustrations and written in a down-to-earth, humorous style.



PLEASE FEEL FREE TO CROSS-POST AND  
SHARE THIS NEWSLETTER!

## MEET TERESA KNISLEY A& HER HELPER TOPAZ

By Dorothy Miller

Teresa Knisley has a very special helper named Topaz. She is a Papillon (Butterfly) dog.

Teresa grew up in Commerce City and graduated from Adams City High School. Teresa now lives in Denver. Many Commerce City people know Les & Carlene Knisley who are Teresa's parents. They have lived in Commerce City for 53 years and have been very active around town. Teresa purchased Topaz in September of 2003. Topaz was five months old and weighed five pounds. Topaz was shipped air freight to Denver from Atlanta Georgia. Her "delivery" was a very happy moment.

Teresa was told by the woman she purchased the dog from to "wear your T-shirt for several days and let your scent get on the T-shirt. Then, send it to me and I will put it in Topaz's bed. When Topaz arrives in Denver she will know that you are her master." That worked, even with others around Topaz knew that Teresa was her master.

Teresa is a member of Denver Pet Partners, a program of American Humane. Topaz began classes when she was one year and four months old. The average age of a dog when they begin classes is three years old.

Topaz completed classes in 2004 and became a Registered Therapy Dog with Delta Society. Topaz also completed classes in READ (reading education assistance dog) and received a certifi-



Teresa Knisley and Topaz

cate in 2004.

Teresa and Topaz volunteer at Aisup Elementary School for a one on one reading program.

The children enjoy reading to Topaz and Topaz gets love and attention in return. They will complete their fourth year as volunteers at Aisup in May, 2008.

Teresa and Topaz also volunteer for a hospital and a retire-

ment center in the Denver area.

Teresa suffered a heart attack in October of 2005. Teresa and Topaz are making arrangements to volunteer with "The Mended Hearts" volunteer group. Visits would be to other people who have suffered heart attacks.

Denver Pet Partners has several pages of pictures of these wonderful dogs. There are dogs of all types, big dogs, little dogs and medium dogs. Their web site is

[www.denverpetpartners.org](http://www.denverpetpartners.org). Teresa and Topaz can be seen on these pages.

Topaz will be five years old on her birthday which is May 12, 2008. What a great little dog she is.

TERESA AND TOPAZ  
(ALONG WITH LILLY & FONZIE)  
LIVE IN DENVER, CO

# WHO'S WHO?

In a recent discussion with several of our members, we noted that while names of members are very familiar, we really know very little about each other. Not to say that we all need "intimate details" about each other's lives, but even a general knowledge is sometimes scarce!

## WHO'S NEXT IN LINE. . .

We're the Watsons, Andy (Andrea) and Jim from La Grange, Texas. We have lived in this quiet little town for almost 30 years but our lives began very differently.

Jim was born in Huntsville, Texas, joined the Air Force right out of school and served for 20 years. He was a pilot and flew just about everything with wings and a propeller. He had a number of interesting assignments during his career... mostly in California and the Far East.



(Above) Andy discuss Pap issues with Kristi Hanson (from LA) at the 2007 Mingle in Kentucky.

in the Philippines where I met Jim.

We were married in the base chapel at Clark AFB and have managed to stay together for nearly 45 years.

## OUR KIDS

We were blessed with two sons, Jay and Bill who, along with their families bring us much joy. They are wonderful, productive people who have remained close to us throughout the years. Jay and his family live near by in La Grange, while Bill and his family live in Nashville. We don't see them too often but e-mail and digital cameras are great.



Left, from l to r: Paisley, Jim, Checker, Guy, Okie, and Andy Watson.

## PATHS OUR LIVES HAVE TAKEN

After Jim's Air Force years, he enrolled at *Texas A & M University* earning a degree in Forestry. He worked for the Texas Forest Service for a number of years and we eventually ended up in La Grange. After his Forest Service days, Jim became a Paramedic with the county EMS. I continued to work in our local hospital until a few years before retirement when I went to work for a local Hospice. It was the most rewarding work I've ever done and was a great way to end a career. .

Life in a small town is very busy. We are very active in the Methodist Church singing in the choir and serving on various committees. We have both traveled to foreign countries on short mission trips and Jim has continued to serve on many youth mission teams. We also play with a dulcimer group which performs locally in schools and nursing homes.

Currently, we are both Hospice volunteers. Of course, we treasure our three adopted Paps, our foster Pap, and enjoy our volunteer work with PapHaven.

We have a travel trailer and have been all over the country including Canada and Alaska in it. Jim is very handy and loves wood working. I try to quilt when I have time.



## FIFTEEN YEARS OF PAPS

We first heard of Papillons about 15 years ago when a dying patient talked me into taking her beloved Papillon, Bonnie. Our Bonnie traveled with us wherever we went. She was a beautiful tri-color pap and when she died, it broke our hearts. I had met a member of Pap Haven at a nearby antique fair and he had given me information about PapHaven. After we lost Bonnie I called Sharan and the rest, as they say, is history. We now are the proud parents of Guy, Okie and Paisley. We are also fostering Checker right now.

Oh yes, one other thing... Nora mentioned in the April issue that we had eaten very exotic foods in the past... birds nest soup, shark fin soup, and a few other delicacies I'd rather not mention in mixed company... travel can be very educational but you do need a strong stomach.

## THE END?

What an interesting story! And I have met Jim and Andy at Mingle – and may I say they are delightful people! As you can see in the photo above, Jim is one of Whitney's favorite people (*small center photo*)! Would you believe, Andy told me she thought she was a "jowly old woman!" I think she looks lovely in the family portrait above!

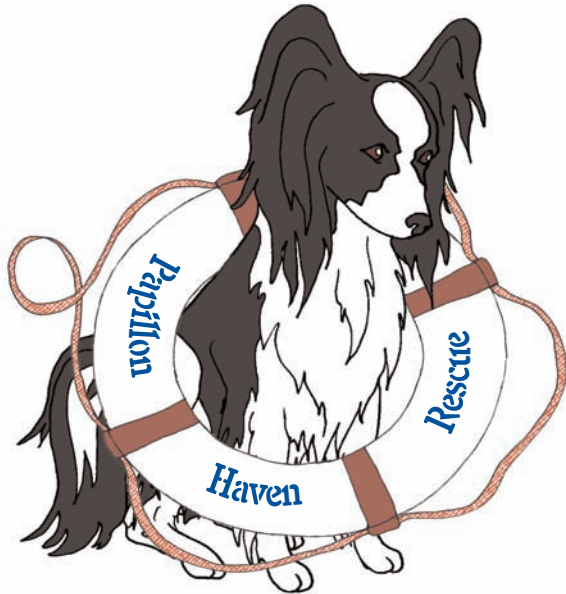
Which of you will be the "next one under the microscope?" Please send me some information about yourself, your family, etc., so we can all "get-to-know" each other a little better.

## UNTIL NEXT MONTH...



WE ARE IN **DESPERATE** NEED OF NEW FOSTER HOMES! PLEASE COPY THIS FLYER AND DISPLAY IT IN YOUR LOCAL GROOMING SHOP, PET SUPPLY STORE, LAUNDRYMAT, GROCERY STORE, ETC.

THANKS!



# Local Foster Families Needed

Established in 2003, PHR has placed many Papillons into their forever homes. Many have been owner surrenders, shelter surrender as well as stray rescues. Our members pride themselves in finding the best possible homes for our Papillons.

## But it's impossible to do without foster homes!

All of our rescued Paps go through a screening process, are altered, and fully vetted prior to placement. We are a national group of volunteers spanning the US who do this just because we love the breed and are trying to protect and preserve it! During their time with us in foster care, we work on crate training, socialization, basic obedience, and housetraining, so that the transition period is smoother once placed into their forever homes.

If you are interested in:

**Adopting / Fostering / Volunteering**

Please contact PHR at:

**Office:** (817) 563-0650 or (501) 865-4442

**Local:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Email:** [jorolan@catc.net](mailto:jorolan@catc.net)

**Website:** [www.paphaven.org](http://www.paphaven.org)

*"Dogs come into our lives to teach us about love ... they depart to teach us about loss. A new dog never replaces an old dog, it merely expands the heart. If you have loved many dogs, your heart is very big."* Erica Jong

