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NEWSLETTER SUBSCRIPTION

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PLEASE!
FEEL FREE TO SHARE & CROSS-POST OUR NEWS!



THE WAY HOME

An outreach e-communication from Papillon Haven Rescue

5726 Sagebrush Trail • Arlington TX 76017 • www.paphaven.org • Issue 33 – February 2009

MINGLE '09 PLAN/PREP HAS BEGUN!!

Are you gonna come? Did you have as much fun as I did? **Mingle 2009** planning is about to begin! And the committee is looking for members and information.

Do you know of any cabin resorts/hotels in your area that will allow dogs? ALL locations are in the running – at the time the list includes:

- Last year's event site – Lost Lodge
- One in Missouri, in Lake of the Ozarks area

Everyone needs to be looking around – no part of the U.S. is out of the question.

If you find a spot you like, be prepared to present your idea along with room/rv rates, amenities (are the kitchens stocked or do we have to bring our own stuff?), nearby attractions, available transportation, etc., by March 1. To make a presentation it would be good if you



had at least talked to the proprietor – better yet if you have visited. As Joyce Young will tell you, in 2007 we thought we had THE PLACE – 'til she got there and discovered the vast majority of the beds were **bunk** beds!

Any and all suggestions (that come with complete information) will be given equal consideration by the committee. If you find a place that looks promising, get your information together and relay it to Mingle chair Liddy-Ann Everett.

Here's wishing PHR another Mingle success in 2009!

PAP-OF-THE-MONTH: KELLE & YANCY



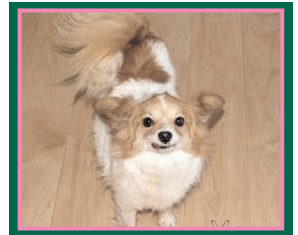
Kelle (age 11), who weighs in at about 13 lbs, is the most gentle, agreeable, kind animal I've ever had the pleasure to love. He is so sweet natured and blended

with my pack immediately. He loves other dogs and is perfectly house trained and never needs a crate... ever. He is quiet, except to let me know he has to go potty. He is a bit arthritic and requires help getting up to bed, but otherwise active, bouncy and happy. Kelle has some thunder phobia and likes to be near and/or on me when it's storming. He doesn't enjoy to be cuddled during these periods (although, cuddling is a MUST at other times). He gets over the nervousness of storms readily, but it's something to be aware of. As long as I don't make a big fuss over it, he's okay. I've honestly never known a dog so agreeable. He is a wonderful little ball of fluff.

Yancy (age 5) is a sweet boy about 10 lbs, who came from a vet clinic rescue. He loves to

snuggle. Yancy is getting used to the good life and progressing with house training.

Unfortunately, due to a rough former life, this poor boy has lost some teeth so he will do best eating soft food. He was a little underweight when he arrived, but is eating well and is otherwise very healthy. He loves being with people and is not shy. He gets along well with other dogs and cats, but is a little protective of his kennel from others but is working on acceptance. It is doubtful that he's ever been around children, so young children might not be a good idea. He does well when given a bath and likes to sleep on the bed at night. He is very sweet and loves attention.



BE A WELL-EDUCATED OWNER

FLATULENCE ... THE STINK THAT HAPPENS

Imagine everyone is gathered together for a relaxing evening of snacks and television when gradually there is no way to avoid or ignore the odors being emitted by the otherwise happy family dog. Jokes abound but really what one wants is a solution to this problem, especially if it is ongoing.

THE SCIENCE OF FLATULENCE

Flatulence comes from an excess of gases in the intestinal tract.

These gases may represent air that has been swallowed, gas produced in the biochemical process of digestion, gas diffusion from the bloodstream, or gases produced by the bacteria that populate the intestinal tract. Over 99% of the gases that pass from the intestinal tract are odorless; the gases with objectionable odors are typically those containing hydrogen sulfide.

Flatulence is a normal biological function. A surprising amount of air is swallowed with the simple act of eating and if this is not burped out, it must exit through the other end. The amount of air swallowed tends to be increased when dogs feel they must eat quickly or in the brachycephalic breeds who tend to breathe more by mouth rather than by nose. Swallowed air tends not to have objectionable odor.

The really stinky gases are produced by colon (large intestine) bacteria. Dietary fiber in pet food is not readily digestible by the pet's own enzyme systems but is readily digested by the gas-producing bacteria of the colon. As these fibers are broken down, gases are produced. A diet heavy in fibers tends to favor these gas-producing organisms. The more supportive the intestinal environment, the more bacteria there will be and ultimately more gas will be produced.

WHAT TO DO ABOUT IT?

The following are easy changes that can be made in the management of the pet:

- Discourage rapid eating by placing an over-turned small bowl inside the pet's regular food bowl. This prevents the pet from taking as large a mouthful.

- Feed smaller meals several times daily instead of one larger daily meal.
- Feed a mixture of dry and canned foods.
- Avoid soy and peas in the diet.
- Avoid any treats containing cheese, milk, or other forms of lactose.
- Avoid fresh or dried fruit treats.
- If possible, take the dog for a walk within 30 minutes of eating so as to encourage passing gases outside.
- Avoid canned foods containing the texturing ingredient "carrageenan."
- Change to a high digestibility/low residue diet. There are therapeutic diets sold at most veterinary offices that would be perfect. Ideally, rice would be the diet's carbohydrate source.

Changing to a low residue diet means that most of the nutrients of the food are digested and absorbed by the pet before they reach the colon where the gas-forming bacteria are. This means there will be less food for the gas-forming organisms which will ultimately mean fewer gas-forming organisms and less gas formed. Sometimes just going through a case and/or bag of such a low residue diet solves the problem and the pet can return to a regular food afterwards. If necessary, the therapeutic diet can become the pet's regular food.

SOMETIMES MEDS ARE NEEDED

A "carminative" is a medication that reduces flatulence. There are an assortment of available products but unfortunately most are not helpful or not even labeled for animal use. Changing the diet and ruling out actual intestinal disease are of primary importance in addressing flatulence. If further therapy is needed, the following products have some basis to suspect they might work:

Yucca schidera supplementation – Presently this extract is labeled as a flavoring agent for pet food but it is also available as an oral supplement. Several studies have shown that it helps decrease the odor in flatulence.

Zinc Acetate supplementation – Zinc binds to sulphhydryl compounds in flatulence ultimately serving to deodorize the gas.

Non-absorbable Antibiotics – Such antibiotics serve to kill the gas-forming bacte-

ria of the colon and may be helpful as long as their use is not ongoing.

QUESTIONABLE PRODUCTS

Probiotics – There are many ineffective probiotics being marketed so it is important to use one that has been shown to actually contain live cultures and that its cultures actually withstand stomach digestion so as to populate the small intestine with beneficial bacteria. It is unknown if this type of product would really help in flatulence as it is asking a great deal for such bacteria to travel all the way to the colon and attempt to displace the gas-forming resident bacteria. Still, these are unlikely to be harmful and may be beneficial in other ways.

Activated charcoal tablets – Not likely to be effective as the charcoal binding sites are filled on the journey from mouth to colon and by the time the tablet sees the gas-forming large bowel bacteria, it has essentially been used up.

Simethicone – May control the volume of gas produced but not the odor. It is an antifoaming agent that reduces gas bubbles.

Pancreatic Enzyme supplementation – In the absence of exocrine pancreatic insufficiency, it is unlikely that a patient would be helped by extra digestive enzymes. Further, this treatment is relatively expensive for something that only may be helpful.

ARE YOU A MEMBER OF ...

facebook

Join other PHR members on this exciting site! Network, chat, share ideas that are OT on the PapHaven group's email site.

Also, join the **Facebook – PapHaven Rescue** page. Or refer your friends and family to this page ... great way for them to get their "feet wet" to the ideas and fundraising of PHR! Our e-news, fundraising, and general information are up-to-date for anyone who wants to get a better idea about what we do!

If you are already a member of *Facebook*, look us up!

Welcome to
**PapHaven's 2009
Westminster Drawing!**



How it works: Instead of getting a boring raffle ticket number you instead get a group of dog breeds. If one of the breeds you hold wins a **Group One** you will be entered into a drawing to receive a **Group** level prize. If your breed takes **Best in Show (BIS)** you will be entered into a drawing with the other **BIS** winners for the Grand Prize. The number of players holding **Group** and **BIS** winners depends on the number of games we sell.

The show will be telecast live on Sunday, Feb. 8, and on Monday, Feb. 9, from 8-11 PM on your local **USA Network** station. As you watch the show check your breeds and see if you may be one of the winners! This game is great as it gives us an inspiration to learn about and cheer for different breeds. The great thing about Westminster is that it can be very unpredictable which adds to the excitement.

OK... Ready to Play?????

Here's what you do: Each Group of 5 breeds is randomly grouped by the computer and are assigned in the order that offers are received to be absolutely impartial. No unfortunately you cannot choose a breed.

Each group of 5 breeds are \$10, 10 breeds are \$20, or 15 breeds for \$25.

Please email westminstergames@yahoo.com with your donation amount – then make your payment thru PayPal (on the PHR homepage – look for the button that says “make a donation”). Jan will mail you a confirmation along with the breeds you are assigned.

Then just watch the Show!!!!

If you are a lucky winner the postage is also included!!



****PLEASE NOTE!!!!!!**** – This Fundraiser is open to persons in the continental U.S. only. A purchase of one or more blocks is considered a commitment to donate that amount. *This Fundraiser begins at 8 AM Sunday, Jan. 18, 2009 and closes at the start of the Westminster Kennel Club Dog Show (8 p.m. EST).*

**Your donations are what makes it possible
for us to help Papillons in need find
their own Forever Home!**



Click below to view all the terrific prizes that have been donated.

**Visit the
prize page!**

**Check out
PapHaven Rescue!**

RACHAEL RAY'S CROQUE MONSIEUR POUR VOUS ET LE PUP

INGREDIENTS *Makes 4 servings*

4 tablespoons butter
8 slices Gruyère or Swiss cheese
Salt and freshly ground pepper
1 1/2 tablespoons flour
1 cup whole milk
8 slices bread
8 slices deli ham



For people sammie's only:

Pinch ground or grated nutmeg
2 teaspoons Dijon mustard

1 In a small saucepan, melt 2 tablespoons butter over medium heat. Whisk in the flour and cook for 1 minute. Whisk in the milk until thickened, about 5 minutes. Season sauce with salt to taste. Reserve one-quarter of the sauce for the dog's sammy. Season the remaining sauce with the pepper and nutmeg and whisk in the mustard.

2 Spread one side each of 6 bread slices with the people's sauce. Use to make 3 sammies with 2 slices each of cheese and ham. Spread the remaining 2 bread slices with the dog's sauce and then assemble the sammy using the remaining ham and cheese; keep separate.

3 In a large skillet, melt remaining 2 tablespoons butter over medium-low heat. Add the sammies and cook, turning once, until golden on both sides, about 4 minutes total. Chop up the pup's sammy and let cool, but eat yours hot!

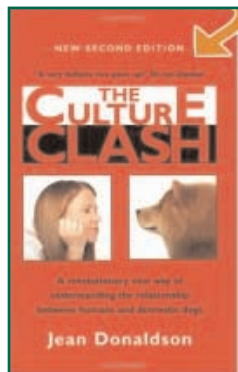
BOOK REVIEWS —

“WE’RE ALL EARS!”

CULTURE CLASH: *A Revolutionary New Way to Understanding the Relationship Between Humans and Domestic Dogs*

by Jean Donaldson

Donaldson sees dogs as a culture unto their own — with a simple but loveable ‘can I eat it, chew it, urinate on it, what’s in it for me’ philosophy. This one is a little different from the usual “pack” theory.



A little bit of humor ...

TEN PET-PEEVES DOGS HAVE ABOUT HUMANS

1 Blaming your farts on me... not funny... not funny at all!!!

2 Yelling at me for barking. *I'm a frigging dog!*

3 Taking me for a walk, then not letting me check stuff out. Exactly whose walk is this anyway?

4 Any haircut that involves bows or ribbons. Now you know why we chew your stuff up when you're not home.

5 The sleight of hand, fake-fetch-throw You fooled a dog! *Whooooo Hooooooooo!* What a proud moment for the top of the food chain.

6 Taking me to the vet for ‘the big snip,’ then acting surprised when I freak out every time we go back!

7 Any trick that involves balancing food on my nose. Stop it!

8 Getting upset when I sniff the crotches of your guests. Sorry, but I haven't quite mastered that handshake thing yet.

9 Dog sweaters Hello??? Haven't you noticed the fur?

10 How you act disgusted when I lick myself. Look, we both know the truth You're just jealous.

Now lay off me on some of these things... We both know who's boss here! You don't see me picking up your poop do you?

Every dog has his day.
A dog always offers unconditional love.
Cats have to think about it!



NOW AVAILABLE!

Official

Papillon Mobile

Papillon Haven Rescue



Are you driving a “Papillon Mobile” instead of a “Mom Taxi?” Let people know! Pap Mobile bumper stickers are now available. \$1.50 each (includes postage). Email your request to norajl169@yahoo.com and make your payments thru PayPal (use the button on the PHR homepage — www.paphaven.org!)

WHO'S WHO?

What began after a discussion with several members, has helped us to better know our colleagues. Not to say that we all need "intimate details" about each other's lives, but even a little knowledge helps us know each other a better!

WHO'S NEXT ...

My name is Amy Fretz. I live in Pen Argyl, PA, where I have resided for the last seven and 1/2 years. I am a second grade teacher with Easton School District.

I was raised with and have always loved animals. I acquired my first papillon after doing several months of research into breeds of small dogs. Being in a smaller home, I didn't want a large dog that needed a lot of room to run around. I decided a pap was the breed I wanted. *Dusty in the Wind*, aka *Dusty*, a tri-colored female, was a gift for Mother's Day in 2003. My youngest daughter, Jodi, helped me to purchase her from a breeder in Kansas. She came to us at 8 weeks of age and was the most adorable baby I had ever seen. I fell in love with the breed. In 2004, when *Dusty* was about 8 months old, I decided she needed a playmate and began researching for a breeder closer to home. I found one in Binghamton, NY, where I went to get my little black & white boy, "*Amy's Little Danny Boy*," *Danny* for short. He and *Dusty* became fast friends and the entertainment began.



In 2006 I decided I needed another baby for my family ... so I again searched for reputable breeders, but this time I wanted one that could provide me with a lemon papillon. I found one in Rapid City, South Dakota. *Dakota Sunshine* was brought to me by a puppy sitter, a woman who flies fur babies to their new owners as a living. She was taking a show dog to Rapid City and then flew into Newark with my little *Dakota*. She immediately melted my heart and was a member of our family.

It was during my search for *Dakota* that I came across the Papillon Haven Rescue. I didn't know much about it at the time, but continued to look into it even after I got *Dakota*. The more I read, the more I wanted to help, but I wasn't sure how it would fit into my schedule. I applied to the PapHaven Rescue group in the Spring of 2008 to be a foster home. Just when I thought they didn't want a papillon-nut like myself, I got an e-mail from one of the members asking about a good day and time for a home visit. They found someone a little closer and I had my home visit in the beginning of June.



After a hard day at school ...
Guccee (on the back of the couch),
(from left to right) *Dakota*, *Dusty*, *Danny*, & *Drew*

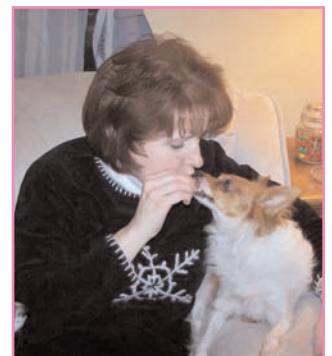
I received an e-mail a few weeks later with a congratulatory welcome. *Sharan* called me and asked if I could take in a little fellow that had been in a puppy mill. It was decided that *Drew* would be my first foster and come to stay with me. A few days later, I met another rescue member who brought him to me. Six months later, I acquired another foster, *Guccee*, whom I acquired from another rescue group's foster home in Pittsburgh. Now my home is full of love, papillons, and fur ... and I'm loving every minute of it.

THE END

Amy's indoctrination to PapHaven was really sealed when she attended Mingle in October (shown in top left photo with *Dusty* and *Dakota*) with *Annie Paynter*. She soon discovered she was not the only "papillon-nut" in the crowd!

ON JAN. 22, 2009, AMY WROTE:

"Its official! I am a foster flunky! Introducing Sir *Drew L. Fretz*. The 'L' stands for LOVE, 'cause I sure love this boy! He is now a permanent member of "The D Squad"."



Also, Amy is now our new Librarian. If you wish to sign-out books, etc., please contact her at afretz@rcn.com.

HELP WANTED!

WHAT DO YOU FEED YOUR DOG?

If the answer is *Natural Balance*, then we need your help!

Van Patten's Natural Balance Pet Foods has offered make a donation to a rescue group if they can save 50 bar code / purchase receipts from their foods (specific flavors don't matter). They do require 50 bar codes before they will accept a submission.

If you can help, please send your bar codes and receipts to **Stephanie Sherwin** – she will collect and then mail in the necessary paperwork when we have enough for submission. This is a continuous program – so please continue to save them!

Please send to: 4 Woodsong, Roland, AR 72135

