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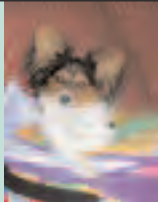
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An outreach e-communication from Papillon Haven Rescue

Who won Westminster?

To all who participated in the 2011 Westminster Games, PHR thanks you for your support!

CONGRATULATIONS EVERYONE!

All winners of Group Breeds will win a prize and a small consolation prize will be given to each of the BIS runners up. In case you missed the show, group winners include:

Results for Monday, February 14:

HOUND: 19 – GCH Foxcliffe Hickory Wind

Breed: Scottish Deerhound

Ticket holders: Allan & Terri Jenkins
Lynda Jennings

TOY: 8 – GCH Palacegarden Malachy

Breed: Pekingese

Ticket holders: Karen Igrashi
Allan & Terri Jenkins

(the Papillon came in 4th – see pg. 4)



NON-SPORTING: 15 – GCH Vaje's Miss Jayne Hathaway

Breed: Chinese Shar-Pei

Ticket holders: Kathy Norton
Lois Fox & Janice Geroni

HERDING: 6 – GCH Tolkien Raintree Mister Baggins

Breed: Bearded Collie

Ticket holders: Nancy Sundberg
Betty Hinson

(continued on pg. 4)



Auction will begin soon!

PapHaven's annual Spring Auction will commence on March 20

(midnight CST) and end on April 9 (midnight CST). Are you ready?

This year's event will feature many wonderful prizes including a Mommy Bus pet carrier (*shown above – www.mommybus.com*), a Thirty-One Picnic set, and a Papillon Welcome plaque!

Do you have things you would like to donate to the auction – maybe some of those items from Christmas or a recent birthday that you might be tempted to regift? Do you know of anyone who would be interested or willing to donate items for our auction? Do you sew, quilt, paint, draw, or do some type of needlework? Would you allow us to

auction your services?

Send auction items to: Linda Ecklund
106 Holcomb St.
Simsbury, CT 06070



Don't you wish this was yours!

Watch for April raffle details in *The Way Home!*

2011 PCA National Specialty

Are you headed to Tennessee?

In the midst of the snowbanks, you may not believe it, but it's time to start thinking about Spring and the Rescue Parade at the 2011 Papillon Club of America, (PCA) National Specialty.

The National Specialty dates are April 18th thru 22nd at the Chattanooga ChooChoo Hotel – Holiday Inn
1400 Market ST
Chattanooga, TN.

Reservations can be made through the following numbers: 423-266-5000 or 800-872-2529.

You must identify yourself as guests of the PCA National Specialty in order to receive the special pricing of \$99 plus tax/night for a room. Discounted reservations are only available until March 27, 2011.

For more information about the National, please click on this link:

http://www.papillonclub.org/2011_Specialty/index.htm

PHR in attendance

As in 2010, PHR will again make its presence known at Nationals! And we hope to do better than last year – by expanding our sales and better educating everyone about rescue! If you plan to attend Nationals and can help PHR in the booth, please let Nora know at norajl169@yahoo.com. Nora will handle scheduling of personnel to work the booth. If things work out as well as they did last year, there is plenty of coverage and lots of time to see the sights, watch the judging, and have some qual-



PHR's booth at Nationals



ity time with our PHR brethren. At this time, we are planning to have a PHR dinner and business meeting one of the evenings while we are in Tennessee; date, time, and location are still being sorted out. Details will be published in *The Way Home* as soon as things are finalized.

Ellen Stuban (from PCA) writes:

In order to make sure we're set I need to know if you'll be attending. If you've been to a Rescue Parade in the past, then you know what a great time you'll have. If you've never been to one of these events, here's what it's all about. PCA has a tradition of dedicating the show ring to our wonderful second chance furbabies at the National Specialty. Each person attending receives a goody bag filled with surprises and each dog has a biography that is read as they parade around the ring with their person(s).

The Rescue Parade is scheduled Friday, April 22 - 8 a.m.

If you plan to attend and participate in the Rescue Parade, Ellen Stuban needs 2 things from you by Friday, March 4th.

- 1) Please email me your contact information and the name of your Papillon.
- 2) Send short biography about your Pap and a picture of him/her. Bios will be assembled into a booklet and read aloud as our furkids are walked around the show ring for their

special moment. Bios need to be **no more than** 3/4 page long and in 16 pt (large) font. If you've attended in the past, I have your bio – if you'd like me to return the bio to you for updating, let me know; otherwise I'll use what I have.



2010 PCA Rescue Parade Medal Recipients

(continued on pg. 3)

In the Bakery Window ...

It's Spring ... Roll Time

by Rachael Ray

Let your pup get down with this veggie-filled, no-wrap, take on a spring roll. Since spring-roll wrappers aren't the best for dogs, we're making this roll naked (your dog won't miss a thing!) Makes 3 Servings

Prep 20 min – Cook 10 min

Ingredients:

- 1 tablespoon extra-virgin olive oil
- 2 1/2 cups shredded white cabbage
- 1/4 cup shredded carrots
- 1/4 red bell pepper, chopped
- 1/2 rib celery, finely chopped
- 1/2 cup cooked brown rice (optional)
- 1/4 cup cooked rotisserie chicken, skin and bones discarded
- 4 fresh mint leaves, coarsely chopped

Directions:

In a deep, medium skillet, heat the olive oil over medium-high heat. Add the cabbage, carrots, bell pepper and celery and cook, stirring, until the vegetables have softened, about 5 minutes. Add the brown rice, if using, and the chicken and cook until heated through, 1 to 2 minutes. Stir in the mint and let cool.



www.paphaven.org
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As of 2/28/10:
888 rescues

The Way Home is a monthly e-publication for the members/ supporters of the Papillon Haven Rescue (Paphaven).

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Newsletter deadline

Materials and color photos for the next issue must be received by the 15th of the month prior to publication. Send materials to: norajl169@yahoo.com

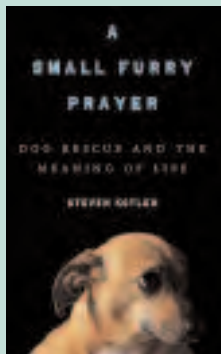
'We're All Ears!'

Editor's note: At this point, we have reviewed ALL of the books in our library. As new books are entered, we will feature them as our "book-of-the-month." But for now, we will begin offering reviews of books that are recommended by our membership.

A Small Furry Prayer

by Steven Kotler

Kotler is a journalist who dove into the world of dog rescue to impress his love interest, now his wife. He did not foresee adopting the least appealing, most troublesome dogs from shelters and living intimately with them until they either were rehabilitated and adopted by others or died in his lap. According to this part memoir and part philosophical study of the dog-human relationship, many of them died on the small farm that he and his wife bought in crime-ridden Chimayo, New Mexico, leaving him very depressed. From the heart-wrenching work, however, he began to find purpose and see how many canine experts have misunderstood dog behavior. Reflecting on the writings of mystics, philosophers, and animal scientists as varied as St. Francis, René Descartes, Claude Levi-Strauss, and Elizabeth Hess, Kotler elevates this tale about saving dogs to a story about human stewardship of life. Rough language and frank descriptions of sexuality may offend more sensitive readers. Full of well-told stories, Kotler's book will please many animal advocates.



Reviews

"Part Hunter Thompson, part Carlos Castaneda, but mostly so original that it's difficult to peg... This is a delightful, rich read sure to take you to unexpected places and beyond."
– BARK magazine, Editor's Lit Pick

"With nods to psychological and ethological research, Kotler describes his surprising sojourn to a houseful of mangy pups and the power of animal bonds, positing that our canine connections tell us about human nature... Kotler's tale – part obsession, part inquiry, part adventure – serves up a well-rounded meal of soul-searching and psychology."
– Psychology Today

Headed to Tennessee?

(continued from pg. 2)

If you need a sample bio from previous years, please contact me.

For planning purposes it's easier to cancel than to add, so if you are thinking of coming and your rescued Pap is to be in the parade, please let me know as soon as possible. All that is needed to begin is the name of your rescue for the parade. Of course, if you have any questions, please contact me at any time at estuban01@comcast.net.



Sugar & Spice Pendill made the rounds of the Rescue Parade Ring with their momma, Peggy.

Goody Bags

Ellen is also looking for donations of items for the goody bags. If you're able to help out, please let her know. PHR will again be providing small "gift bags" of Snicker-poodles to the bags. "In past years, we've been fortunate to have lovely surprises to include in the goody bags."

Show schedule

Monday, April 18th

- 6:30 - 8 a.m. – Hospitality Suite Open
- 9 a.m. – "Breeding Better Dogs," Dr. Carmen Battaglia Seminar
- 6:30 p.m. – Agility**

Tuesday, April 19th

- 6:30 - 8 a.m. – Hospitality Suite Open
- 8 a.m. – Obedience/Rally*
- 11 a.m. – Open Board Meeting
- 3 p.m. – Puppy & Veteran Sweepstakes*
- 7 p.m. – Welcome Party – Hospitality Suite

Wednesday, April 20th

- 6:30 - 8 a.m. – Hospitality Suite Open
- 8 a.m. – Conformation Judging - Dogs, Veteran Dogs*
- (Lunch Break at Judges Discretion)
- 3 p.m. – Annual General Meeting
- 6:30 p.m. – Phalene Banquet
Phalene Fun Match

Thursday, April 21st

- 6:30 - 8 a.m. – Hospitality Suite Open
- 8 a.m. – Conformation Judging Bitches and Veteran Bitches*
- (Lunch Break at Judges Discretion)
- An hour after judging – Judges Education Seminar
- An hour after judging – Genetics Seminar
- 7:30 p.m. – Top 20 Competition with Live Auction*

Friday, April 22nd

- 6:30 - 8 a.m. – Hospitality Suite Open
- 8 a.m. – Rescue Parade / Parade of Title Holders
- 10 a.m. – Conformation Judging - Intersex, Jr. Showmanship, Non-regular*
- (Lunch Break at Judges Discretion)
- 4 p.m. – Champagne Celebration for 2010 Award Winners, 2011 National Winners, & Announcement of Top 20 Winner

* – Ballroom

** – agility will take place @ Play Dog Excellent
4113 Dayton Blvd, Chattanooga, TN

"I read this compelling book for hours and found myself completely hooked as I am sure any reader who loves dogs will be. Steven Kotler captures something essential about dogs and humans in a way I have not seen anyone else do. With a hip, growling intensity, Small Furry Prayer is bound to inspire."
– Jeffrey Moussaieff Masson, author of *Dogs Never Lie About Love and When Elephants Weep*

"Thousands of books have been written about dogs, thus it's amazing and also very encouraging to find a book like this one, filled with original thought and plenty of new infor-

mation. And if that's not enough, it's a great read, a real page turner. I strongly recommend it to anyone who has a dog, or has more than one dog, or who just likes to read a great book."
– Elizabeth Marshall Thomas, author of *The Hidden Life of Dogs*

Save a Dog!

(iGive has over 560 stores to shop from. Enter the site as a Pap Haven supporter and PHR gets a percentage in return)

www.igive.com

Westminster Dog Show 2011: New breeds welcomed

New dog breeds were being welcomed into The 135th Westminster Dog Show. David Frei presented some the new dogs on the *Today* Show. These breeds were first chosen by the American Kennel Club (AKC) in 2010 based on a variety of statistics.

The **Boykin Spaniel**, South Carolina's State Dog, is an energetic hunting dog known to work all day, according to the AKC.

The **Bluetick Coonhound**, known for trailing raccoons, has a dark blue coat pattern.

The **Redbone Coonhound** is also known for its hunting abilities, but features a flashy red coat.

The **Cane Corso** is considered a serious body guard. As the *Today* Show's Lester Holt exclaims, "he's looking at you like lunch."

The **Leonberger** is known to be a calm and sweet family companion, making for a good therapy dog.

Lastly, the **Icelandic Sheepdog**, a playful, confident pup is considered the only dog native to Iceland.

The event should be exciting for these new breeds, since, according to Frei, "The first year's kind of a party."

New for 2011

The AKC has announced that three new dog breeds have received the organization's official recognition for 2011, bringing the total number of breeds eligible to compete in AKC-



sanctioned dog shows to 170.

The **Xoloitzcuintli**, pronounced "show-low-eats-queen-lee" and called the Xolo for short, is one of the world's oldest dog breeds; it was once exhibited in AKC shows under the name *Mexican hairless*, but it was dropped from the AKC stud book in 1959.

The **Norwegian lundehund** is a spitz breed that was first used to hunt puffins in remote parts of Norway. It will join the Xolo in the AKC's Non-Sporting Group.

The **Entlebucher Mountain Dog** – "Entle" for short (*below*) – is a native of Switzerland and the smallest of the four tri-colored Swiss Mountain Dogs. Although primarily a herding and general purpose dog, Entles are enthusiastic partners in any athletic activity and excel at competitive sports. The Entle will join the Herding Group.

While Westminster is considered the second longest continuously held sporting event in the country, not everyone is a fan. Last year, the show took a startling turn of events when the winning dog was interrupted by protestors holding up signs that read, "*Mutts Rule*" and "*Breeders Kill Shelter Dogs' Chances.*"

Who won Westminster? (continued from pg. 1)

Results for Tuesday, February 15:

SPORTING: 22 – GCH Casablanca's Thrilling Seduction

Breed: Spaniels (Cocker) Black

Ticket holders: Judy Geroni
Liddy-ann Everett

WORKING: 20 – GCH Aviators Luck Be A Lady

Breed: Portuguese Water Dog

Ticket holders: Annie Paynter
Kathy Norton

TERRIER: 7 – GCH Slyfox Sneak's A Peek

Breed: Fox Terrier (Smooth)

Ticket holders: Karen Igrashi
Allan & Terri Jenkins

HOUND: 19 – GCH Foxcliffe Hickory Wind

Breed: Scottish Deerhound

Ticket holders: Allan & Terri Jenkins
Lynda Jennings

Best in Show (BIS): *Hickory* the Scottish Deerhound

The winner is:

The BIS "Grand Prize" was split between **Lynda Jennings & Alan Jenkins!** (The DRAWING was done by a non-interested person in a blind draw.)
See related Westminster stories on pgs. 5.



NOTE: Winners will not be shipped their winnings, until one week after formal announcement. This is to give time for checks be received. All winners will receive a PapMobile Bumper Sticker in addition to prizes.

BEST of Breed at Westminster 2011



"Peyton"

BISS CH Copella's Rising Attraction

<http://www.copellapapillons.com/id17.html>

OWNER: Paula Cox, Texarkana, Texas

Peyton is from the first litter by Copella Papillons' special, Dylan (*BIS, BISS CH Namaste Another Roadside Attraction*). Peyton's dam is our champion, Paris. We expected great things from Peyton. He has his father's winning attitude and his mother's magnificent ears. He is off to a great start, winning the bred by class and best of winners his very first time in the ring, finishing his championship on the day he turned 11 months old and winning the Tulsa Papillon Specialty when he was only 20 months old.



Another success story!

Widget's new mom sent some pictures of him with his new brother and sister. Also, I had a big laugh at the idea of his sleeping on the floor with his mom and the other dogs. I couldn't even get down on the floor... LOL. He is so gorgeous... His ears are huge and are beautiful. What a sad thing that he is so handicapped... but he hasn't a clue that there is anything different about him. What a love he is.

Andy Watson



Widget came to PHR in May 2009

Background:

Widget was in a shelter in NW Arkansas when Jan got a call about a little injured Pap. She had him transferred to a local vet clinic, where she

picked him up. He was about 3 months old and had a spinal injury plus half/most of his tail was gone. He had a fractured pelvis, spinal damage in two places. Could not stand or walk.

Dear PHR:

Just a quick update on Widgie. We finally had a semiwarm day for February and finally had dry streets so Todd, Lulu, Maverick, Widgie, and I ventured out for a walk. Widgie LOVED it in his cart – he did not want to go home!!!!!!!

He and Lulu LOVE to play chase. It is so funny to see him run his ears bounce up and down. I have discovered he loves to lay on soft pillows!!!

He also figured out that if he whines a little I let him out of his crate at night and we wind up sleeping on the floor together ... he snores.

He idolizes Maverick and follows him around everywhere.

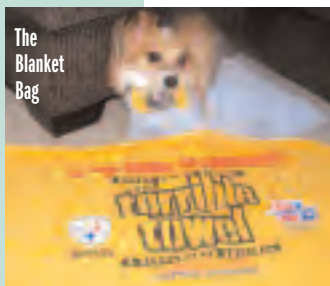


The WidgetMobile - May 2010

My friend's mom is making more of the jean outfits and if you



Water therapy in June 2009



The Blanket Bag

Do pet microchips cause cancer?

Jun 23, 2009 - by Victoria Anisman-Reiner - <http://www.suite101.com/content/do-pet-microchips-cause-cancer-a127237>

Editor's note: One of our readers brought this article to my attention after she read the article we published in February about Microchipping. As I believe that every pet owner has the right to have as much information as possible before making a decision, here are the opposing statistics. I hope this helps you make the most informed decision for your furkids.

Pet microchip implants improve chances of recovering a lost pet. But do microchips also increase the risk of deadly cancers in dogs and cats?

Pet microchips are increasingly common. The tiny, subcutaneous chips are recommended by vets and animal care experts as a way to make sure that lost pets find their way home again. But research suggests that despite their usefulness, pet microchips may cause cancer. Is cost worth convenience?

Why Vets Recommend Microchipping

Microchips are an innovation that has saved thousands of pets from being rehomed or euthanized in shelters. A pet microchip is "about the size of a grain of rice," according to microchip manufacturer 24PetWatch, and is marked with what is essentially a very small barcode that can be scanned just like the tags on grocery items. Each microchip is unique and can be used to identify a lost dog or cat even if the animal's collar is missing.

Pet microchips are implanted just below the skin, between a dog or cat's shoulder blades, using a tool similar to a hypodermic needle. Once it's inserted, the chip stays there for the lifetime of the animal and can be used to identify the pet if it should be found on the street or turned in to a shelter.

know anyone that has a small paralyzed dog these things that are made for babies called blanket bags are perfect to put on him and works like the jean outfits!!!

Everyone that has met him has fallen in love with him. He loved Todd's dad the most!!!! He did very well at the groomer except when they tried to trim his nails on his front paws – according to my groomer he became rabid! But after she held him and worked with him he did better.

If a wandering dog has an microchip, it's easier for neighbours, vets, and animal rescue groups to return the pet to the right people. Not only do shelters scan every animal they process and check chip barcodes against a pet database, a dog with an intact collar can be brought home by anyone who thinks to call the number on the microchip ID tag.

Studies show cancer in mice

Although they are immensely useful and have been responsible for reuniting pets with their owners and families, there is a dark side to the microchip. Studies have linked pet microchips with increased incidence of cancer and tumors in mice and rats.

Microchip manufacturers claim the chips are completely inert. Although the chips use radio frequencies to signal their ID number to a microchip reader, they have no internal energy source and have been designed with a biocompatible casing that does not cause allergic reactions once it's been inserted.

Despite these precautions, according to *How Stuff Works* writer Jane McGrath, a 2001 study found that 1 percent of rats with implanted microchips developed cancerous tumors near the chip. At least a dozen animal studies have been done between 1990 and 2007, most of which concluded that microchips significantly increase the risk of cancer at a site near the chip.

Most of the studies were done on rodents, however, which prompts manufacturers to point out that research results cannot neces-

(continued on pg. 10)

Can't wait until the weather stays nice so he can go on more walks. He has learned to chase squirrels like Mavy and Lulu do!



And finally ... a FUREVER home of his VERY own!

Be a “Well-Educated” owner ...

Arthritis in Dogs: What Can You Do About It?

Older dogs are very prone to developing arthritis. Inactive and overweight dogs are the most likely candidates for this health concern. Arthritis in dogs is very much similar to arthritis in humans. It is a degenerative disease that causes stiffness in the joints and muscles. The disease is very common in older dogs because the joints sustain wear and tear with continued use. The pain associated with this condition can be very intense for some dogs.

However, arthritis in dogs is not limited to older dogs. Younger dogs can acquire this disease as well.

Some of the causes of arthritis in young dogs are injuries and accidents. If your dog has sustained severe damage in its legs during its younger years, it is very possible that the condition will lead into arthritis later on in its life. Certain infections or diseases may give rise to arthritis in dogs as well. A condition called canine hip dysplasia is one that may leave your dog crippled with arthritis.

There are different types of arthritis. However, the most common one is osteoarthritis. This is the type of arthritis associated with the normal jaggging of cartilages due to over-use. All dogs in their senior years will go through these stages. Expect them to have problems with their vision and their sense of hearing, as well as with their joints.

Dogs that suffer from arthritis are going to need the help of a vet. This is not only because the condition can be very painful for them – it can also restrict your pets from living a normal live. Whenever arthritis in dogs strikes, it is a must that you try to alleviate the pain associated with it with the use of the right medicine.

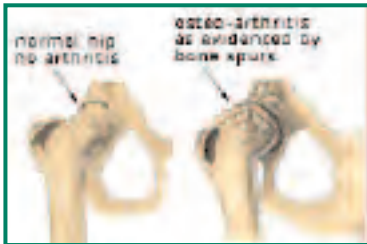
Exercise is very important for dogs with arthritis. While exercise forces your dog to move and possibly worsen the condition of the cartilage, it does them good in such a way that regular movement triggers the release of a lubricating fluid for the joints. These fluids can help greatly in the joint's regular movements.

Editor's note: All of the health care stories printed in *The Way Home* is for informational purposes ONLY! PLEASE be sure to discuss any changes in medical care or diet with your vet first!

There are many things a owners can do to help relieve the arthritis pain affecting dogs. While cures and remedies play a very important role, there is little you can do to fully treat this disease. The only solution to arthritis in dogs is the proper management of the disease. Try to keep symptoms at a minimum.

Let the vet assess the current condition of your dog. There are several over-the-counter medications for arthritis in dogs that need to be administered to your pet in order to achieve immediate relief. There are also natural cures and medicines that you can use to keep your dog in optimum health at all times.

However, prevention is always better than cure. Safeguarding your pet's health is still the best way to fight arthritis in dogs and other similar diseases. Older dogs need a lot more medical attention. Dogs have a regular lifespan of 15 years. So if your pet is 10 years old and above, it is at a high risk of arthritis. As its owner, you should know the things you have to do to ensure that the disease and the pain will occur as rarely as possible.



Causes of arthritis in dogs

Arthritis in dogs is a very common disease. Your dog has a 65 percent chance of developing arthritis in dogs as it reaches 7 to 11 years of age. Knowing more about arthritis in dogs and what causes this problem is the first step towards treatment and prevention of this disease.

Common causes of canine arthritis:

1. **Age** – arthritis in dogs is highly observable in senior dogs. Apparently, it is impossible to stop the natural process of aging. However, there are things that an owner can do to possibly prevent the onset of arthritis in their pets. Proper exercise and maintaining your dog's weight is the best way to begin. Then again, owners shouldn't wrongly assume that older dogs are the only candidates for this disease. Younger dogs can also acquire arthritis.
2. **Hip dysplasia and related diseases** – Other than old age, arthritis can also be caused by certain diseases. One such disease is hip dysplasia. This disease is characterized by

(continued on pg. 7)

Help wanted!

What do you feed your dog?

If the answer is Natural Balance, then we need your help!

Van Patten's Natural Balance Pet Foods has offered to make a donation to a rescue group if they can save 50 bar code / purchase receipts from their foods (specific flavors don't matter). They do require 50 bar codes before they accept a submission.

If you can help, please send your bar codes and receipts to **Stephanie Sherwin** – she will collect and then mail in the necessary paperwork when we have enough for submission. This is a continuous program – so please save them!

Please send to: 4 Woodsong, Roland, AR 72135



Introducing PapHaven Rescue – www.paphaven.org

This group came about through the love of a small deaf puppy that required transport halfway across the country to her new home. It took the effort and dedication of people from Texas to Washington D.C. and on to Ohio. It took the cooperation of three other rescue groups. In the end, it took the hearts of every one. It is this good will and renewed faith in the goodness of people everywhere that led us in forming Papillon Haven Rescue (Pap Haven). We are a 501(c)3 non-profit organization, all volunteer National group specializing in Paps and Papillon mixes, their rescue, and rehabilitation.

Since then, PapHaven Rescue has grown dramatically and continues to grow and evolve to try to meet the changing needs of rescue and the on-going saga of Papillons in need... where ever they are.

We would like to invite you to join in our rescue efforts. With hands reaching out across the country, we can form a circle of love and caring that refuses to let even one Papillon in need fall though the cracks. We are not in competition with any other rescue groups. In fact, it is our goal to work hand in hand with every rescue group and shelter that will join us in this effort. We will not ask for perfect lineage, origins, or looks. We will coordinate with other groups for transporting each other's breed. We welcome volunteers, sponsors, interested folk, contributors, and especially kind words.

Our eNewsletter, *The Way Home*, will try to bring informative articles, feature stories, announcements, upcoming events, and urgent alerts about situations where the need for rescue is great.

PLEASE! Feel free to cross-post our news!

It wouldn't be heaven

I explained to St. Peter,
I'd rather stay here,
Outside the heavenly gate.
I won't be a nuisance,
I won't even bark.
I'll very patiently wait,
I'll be here chewing a celestial bone,
no matter how long you may be.
I'd miss you so much if I went in alone,
It wouldn't be heaven for me.



Another success story

Andy Watson (PHR Board member) received this recently from Fallon's new mom.



Dear Family & Friends,

I have attached a picture of our new baby! She is 8 years old, a Papillon from Pap Haven Rescue.

She went to the vet yesterday and she is booked for a dental cleaning and possible pulling of another tooth. The staff at the vet fell in love with her. They agreed that the last part of her life will be wonderful, we don't know what her past was but we can guarantee the rest of her life.

We have had her two weeks and she is a joy, very sweet, doesn't know a stranger! She's getting along fine w/ Fiona.

She has brought joy to my heart again!

Warmly, Shirllyn

Arthritis in dogs:

(continued from pg. 6)

lameness and pain around the joints. The condition is believed to be genetic, although it can be caused by certain environmental factors. If your dog suffers from this condition, work closely with the veterinarian to possibly find the right treatment for the disease.

- 3. Improper nutrition** – This is one of the most alarming causes of arthritis in dogs. If the pet has not had the proper nutrition, chances are high that it will develop arthritis later on its life. An imbalanced diet in minerals or a diet that doesn't contain the right type and amount of protein is the usual culprit. Make sure that you feed your dog with the right food. But, as with many side-effects of puppy-mills, many of our rescues will possibly have to deal with this issue down the line.
- 4. Poor breeding practices** – Arthritis can also be a genetic problem. Dog breeders should be very choosy as to which dogs they use when breeding. Dogs with a history of arthritis are not a good option because their offspring are more likely to inherit the disease.
- 5. Injuries** – Injuries to the ligaments, bones, or joints can play a crucial role in the development of arthritis in dogs. If the ligaments of the joints get jagged due to certain physical injuries or accidents, chances are high that the dog will develop arthritis soon enough – especially if the disease is not treated accordingly. You should never ignore problems like these, or try to just let the condition heal naturally. As much as possible, take your dog to the vet for proper diagnosis. Also, see to it that your dog gets the course of treatment it needs.
- 6. Obesity** – Dogs can be overweight, too. If your dog has weight problems, it may develop arthritis early on in its life. Try to keep your dog healthy and active. Let it play around the house or take it out for a regular walk. Dogs need exercise as much as you do.

These are the most common causes of arthritis in dogs. Now that you know them, there's no reason why your pet should suffer from this disease any more than it has to.

Symptoms of arthritis in dogs

Dogs suffering from arthritis will show signs indicating that they do suffer from it.

Arthritis is a disease that can be very hard to reverse during its advanced stages. As such, every pet owner should be wary of what their dogs are going through to keep them from suffering too much pain and discomfort.

The symptoms of arthritis in dogs are listed below. If you observe them in your pet, be sure to take them to the vet right away for proper diagnosis:

- 1. Inactivity** – Dogs that feel pain on their limbs tend to sulk in one corner and do nothing but sleep all day. While you think it is rather normal for your pet to feel lazy every now and then, you should be thoroughly concerned about its condition whenever your dog remains in that state for a long period of time. Laziness in previously active dogs is a telltale sign of arthritis.
- 2. Pain in the legs** – Try to make your dog stand on its two hind feet. If it can barely achieve that position, chances are high that it is suffering from arthritis. Some dogs can even walk on two feet during their younger years. If this isn't possible with your dog, you can't simply blame it on old age. It might be arthritis and the problem can still be cured if you deal with it immediately.
- 3. Weight Loss** – Dogs with arthritis may lose weight without you noticing it. Arthritis can directly affect their appetite. If your dog barely finishes its meal, you know that it is sick. Take it to the vet to know exactly what it is that's wrong with your pet.
- 4. Fever** – Some advanced cases of arthritis will cause your dog to develop fever. Pain and fever are two serious signs that your pet is suffering from an advanced case of arthritis. Of course, it can still be caused by other diseases. Be sure to give your dog first aid whenever problems like these arise.
- 5. Diminished muscle tone** – Some breeds of dogs have good muscles, form, and build. If suddenly your dog loses its physique, it may be due to arthritis. Dogs suffering from arthritic pain will stop running around and exercising on their own. This is the main reason why their bodies may be less fit than before. If you observe this in your pet, it is best that you check for other symptoms to know for sure that its problem is arthritis.

Arthritis is a very common disease. If your dog is old, you might have to be aware that it

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Arthritis in dogs:

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may suffer from this disease if you don't go through the necessary prevention steps. While arthritis is almost a given in senior dogs, you can still take extra measures to make sure that your dog won't suffer from in the future.

If your dog does have arthritis, strive to provide it with the best care and attention at all times. You and your dog might have to go through some lifestyle changes to better manage this disease, and to keep the symptoms listed above from showing.

How to Prevent arthritis in dogs

While it is next to impossible to prevent old age, arthritis can be avoided. There are several things that dog owners can do to keep their pets from suffering the pain brought about by this disease. Arthritis can be crippling in humans, and it definitely is the same with dogs. The worst arthritis cases can practically take the life out of your pets.

So to keep that from happening, these preventive measures have to be followed:

- 1. Keep your pet active** — Being active can greatly help dogs with arthritis. Regular exercise can help prevent future arthritis flareups. However, you have to keep your dog's activity to minimum. A stroll in the park is good enough. Don't make your dog run excessively every day, because activities like that will only worsen the condition. Regular light exercises will allow the dog's natural body fluids to lubricate the joints, therefore allowing it to move smoothly.
- 2. Always watch your dog's weight** — Obese dogs have a high chance of developing arthritis. This is because their legs are suffering too much from the extra weight. Being overweight puts a lot of strain on your dog's limbs, which will eventually cause the cartilage to deteriorate. Dogs within their ideal weight aren't as likely to develop arthritis even as they enter their senior years. Overweight dogs, on the other hand, may develop the disease as early as 5 years old.
- 3. Make sure your dog is always comfortable** — Dogs with arthritis should be given a nice place to sleep. This isn't simply because it is a luxury they deserve, but because of the fact that arthritis can get worse if the dog sleeps in an awkward position.

If you can afford it, give your pet an orthopedic bed. Otherwise, a bed or a crate with good support will do.

- 4. Raise your dog's food bowl** — You might not notice it, but your dog can be eating less because it can no longer eat with its head down. This is a tell-tale sign of arthritis. Help your dog by placing its food bowl on an elevated spot. This way, it doesn't have to strain its neck when eating. A low chair will do. Just make sure that the platform where the bowl is placed is just a few inches below its neck. This step can alleviate the pain associated with this condition and further reduce the risks of arthritis attacks.
- 5. Help your dog get around** — Arthritis may strike at any time. When it does, you might not be around to help your dog deal with the pain. Try to use ramps for your dog so it doesn't have to go up the stairs. Or, you can lift your dog as it tries to get up in the morning or after naps. This is most helpful for dogs with advanced cases of arthritis.

Arthritis is a very common dog disease. However, with these prevention tips, your pet need not suffer from the condition at all. These tips are applicable both for dogs that are suffering from arthritis and for dogs that are still healthy. By following these suggestions, you can make arthritis a very manageable disease for your pet.

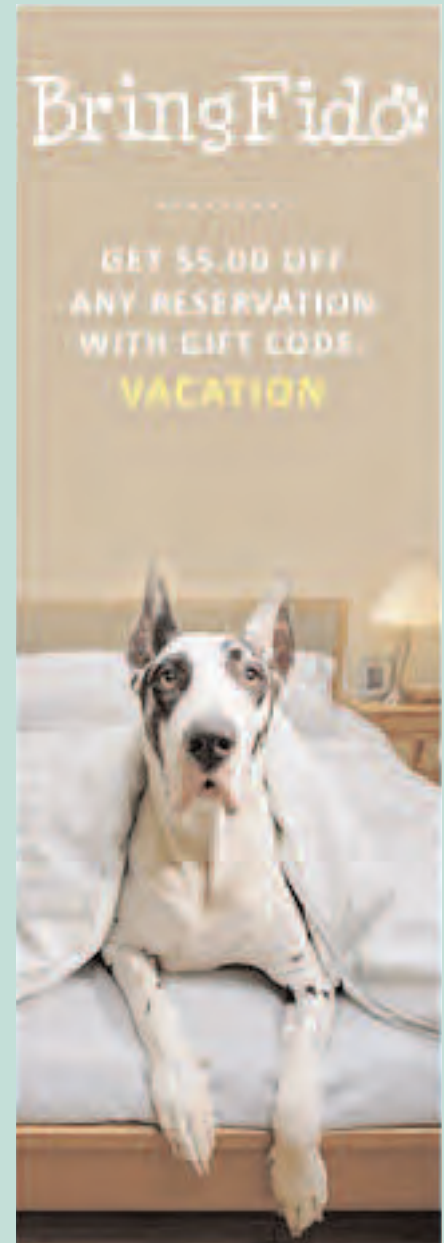
Treatment for arthritis in dogs

Arthritis in dogs is one of the most common conditions treated by vets. Old dogs tend to suffer from this disease more than younger dogs. It is important for all pet owners to understand what this disease is, so they can protect their dogs against it.

Should the veterinarian diagnose your dog with arthritis, the following course of treatment is usually carried out to help deal with this condition:

- 1. NSAID's** — Dogs are given NSAID's for arthritis. NSAID stands for *non-steroidal anti-inflammatory drug*. There are certain formulas that are especially created for pets. While human formulas may also work, you can't really determine the right dosage unless you consult a vet. NSAID's help by providing pain relief, reducing inflammation, and hindering the progression of the disease. Be careful to never give medicines on an empty stomach as they can cause diarrhea and stomach upset.

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www.bringfido.com
Dog Friendly Vacations

Need help deciding where to bring Fido on vacation this year? *Bring Fido's* (BF) dog friendly city guides rank more than 10,000 cities worldwide for their popularity among dog owners and general "dog friendliness." Dig in to see the most popular destinations, or in your own neck of the woods. Once you've narrowed it down to a particular city, we'll give you the best places to stay, play, & eat with Fido when you're there. PapHaven receives \$5 for each reservation made through BF. **Use Referrer ID: paphaven.**

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Pawfriendly Landscapes (PFL) Tip

<http://www.facebook.com/home.php?#!/photo.php?pid=4320417&id=223141086885>

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If you want to attract ladybugs into your garden, plant flowers that have a flat surface, like daisies. Ladybugs are beneficial to gardens because they consume whiteflies, mites, aphids, and scale. One of my favorites is the gerber daisy – they're easy to grow, comes in various colors, bloom all season and ... are non-toxic to dogs!

Have fun & get dirty!!!

10 little-known pet health hazards

<http://www.allyou.com/budget-home/pets/10-little-known-pet-health-hazards-00400000054229/>

Get to know these dangerous plants so you don't end up with a sick pet and a hefty vet bill.

These flowers may be beautiful, but if your pet ingests them, they can cause health problems including nausea and even death. If you have these plants in your home, remove them or keep them out of your pets' reach. To see more potentially harmful flowers, type "poisonous plants" into the search box at hsus.org.

- Azalea plant
- Buttercup (the leaves are especially toxic)
- Daffodil bulbs
- Day lily (toxic to cats)
- Easter lily (toxic to cats)
- Hyacinth bulbs
- Iris leaves and roots
- Narcissus bulbs
- Rhubarb leaves
- Wisteria pods and seeds

Source: Humane Society of the United States

PLEASE! Feel free to cross-post our news!

Arthritis in dogs:

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- 2. Joint Fluid Modifiers** – This drug works by modifying the fluids in the joints to help them to heal. These are newer drugs for arthritis. However, these drugs are mostly focused on the long term treatment of this disease. It may not provide immediate relief for the symptoms of arthritis. Vets usually prescribe these medicines along with NSAID's, which can actually provide soothing effects immediately.
- 3. Surgery** – Surgery may be the only option for dogs with advanced cases of arthritis. However, this is rarely carried out because not many owners are very willing to put their pets through such an ordeal. What's more, surgery is very expensive. With this being the case, there are fewer veterinarians that are equipped or qualified for this procedure. Just the same, this is an option for pet owners who truly love their dogs and who are willing to let them undergo surgery to attain relief.
- 4. Natural Cures** – There are a range of natural treatment therapies for dogs with arthritis. Most of these can be bought at health care and herbal stores. If you want to know more about natural formulations and herbs to treat arthritis, visit an herbal store near you or an online herb shop to guide you towards the right remedy.
- 5. Vaccines** – There are many vaccines for dogs that can help them fight off the effects of arthritis. This course of treatment is more of a preventive method against arthritis rather than a cure. Taking your dog to the veterinarian for regular check-ups will also help greatly in keeping this disease at bay.

Dogs do have a fighting chance against arthritis. However, it is always up to you as a pet owner to treat or to prevent it. Be very sensitive to your pet's condition. Determine if it's feeling sick or not. When arthritis is diagnosed at an early stage, its effects can be reversed. However, during its later stages, it will be very difficult even for the veterinarian to provide help to your pet.

Natural Cure for arthritis in dogs

If your dog has arthritis, there are two things that you can do to keep the disease from recurring. The first is to provide your dog with over-the-counter treatments. The second option is to give it some of the natural cures

for arthritis in dogs. However, the most effective way to go about the problem is to give both remedies to your pet. This way, it can experience relief faster.

Here are some natural elements that can help ease the pain of arthritis:

- 1. Alfalfa** – Alfalfa can help soothe the swelling in the joints. You can make a tea out of alfalfa herbs. To do that, you're going to need from one teaspoon to three tablespoons of fresh or dried alfalfa leaves to make the tea.
The right dosage will depend on your dog's build and weight. Make the tea part of your dog's daily meals for the best effect.
- 2. Mussels** – Studies have shown seafood, more particularly greenlip and perna mussels can greatly help in restoring damaged connective tissues. There are also shellfish extracts that can be used as an alternative just in case the fresh ones are hard-to-find. There are many such products available at pet health stores today.
- 3. Yucca** – Yucca is another herb that can help ease the pain brought about by arthritis. Yucca contains natural steroids that can relieve the discomfort caused by hip dysplasia and arthritis. A lot of dog owners and vets are actually recommending it for use against these diseases.
- 4. Vegetables** – You may not realize it, but your dog needs vegetables too. Vegetables contain many minerals. What's more, they are very rich in B vitamins that can inhibit the metabolism of calcium. Try to give your dog vegetables such as asparagus, cabbage, broccoli, carrots, and parsley. Mix it with their food so they won't notice its presence as much.
- 5. Stinging nettles** – The essence of the stinging nettle herb can greatly help dogs with arthritis. These herbs help cleanse the blood while addressing your dog's aching limbs. Stinging nettles can also be made into a tea. You can use nettle extract alternately with alfalfa to provide the best arthritis relief to your pet. Nettles also help in detoxifying the body of your dog.
- 6. Comfrey** – Comfrey is very effective against arthritis. Some dogs eat comfrey leaves in their natural form.

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Arthritis in dogs:

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For best effects, try to add chopped rosemary and parsley to the mixture. If your dog loves it, give it one serving regularly for the best results.

7. Massage oils – There is nothing better for your dog than a comforting massage if it is suffering from arthritis. Whenever your pet is in pain, try to rub its limbs with herbal oils. If herbal oils are not available, sunflower oil or olive oil will also work.

These natural remedies will help your pet greatly if combined with the vet's prescribed medicines. **To be sure, check with your vet as to which of these remedies will work best with the prescription medicines given to your pet.**

How Glucosamine can help

Glucosamine is a supplement that is used to treat arthritis in humans. It is one of the few drugs available that can also be used for dogs. Glucosamine is not considered to be a drug. Instead it falls under the category of 'nutraceutical.' It can be found in small quantities in many types of food and is classed as a vitamin.

Although few studies have been done on glucosamine in North America, the supplement has proven to be very successful in the treatment of arthritis in Europe. Glucosamine occurs naturally in cartilage. Normally the

body can create more glucosamine to replace any lost through tissue wear and tear.

However, as your dog ages, its body loses the ability to produce enough of the substance to keep the cartilage healthy. At this point, osteoarthritis usually develops, but taking glucosamine supplements can help treat the condition and reduce the symptoms. It works by providing the building blocks for new cartilage to be made. Over time, this combats the loss of cartilage caused by old age. It has been found that liquid glucosamine will work more quickly to help you dog feel better faster.

Glucosamine Side Effects

There are few side effects associated with taking glucosamine. There have never been any serious side effects recorded when dogs have been prescribed the supplement, even in the long term.

There is a small chance of your dog developing nausea and diarrhea while taking glucosamine. However, if you give it supplements with food, the stomach problems will normally disappear.

Glucosamine is proven to help animals suffering from arthritis. It can be used for short term improvement and long term prevention and will help keep your dog happy and healthy.

Can microchipping cause cancer

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sarily be correlated across species. *24PetWatch* rebuts the worries over cat and dog cancers by concluding, "no evidence has been found that in any way demonstrates the existence of a correlation between microchip implantation and incidence of cancer in cats and dogs."

Is the Cancer Risk a Reasonable Cost for Microchipping?

Although there is cause for concern, the studies that demonstrate a link between microchipping and cancer really aren't conclusive, for several reasons:

- The studies were mostly conducted on mice and rats
- In cases where tumors developed at the site of implantation, there were usually vaccines administered in the same area
- Trauma and inflammation at the site where the microchip is implanted could be responsible for tumor development, rather

than anything inherent to the microchip

Microchips are responsible for restoring thousands of pets to their owners. They make identification immensely easier and save dogs and cats from being euthanized in shelters before their owners can find them.

It's not easy, but deciding whether or not to microchip your pet has to be a personal choice, weighing the risk of losing your pet accidentally against the chance that a microchip might cause cancer in the long run.

Sources

- Lewan, Todd, "Chip Implants Linked to Animal Tumors," *The Washington Post*, 8 Sept. 2007.
- *24PetWatch*, "Do Microchips Cause Cancer?" *24PetWatch.com*, 2005.
- McGrath, Jane, "How Pet Microchipping Works," *HowStuffWorks.com*, 2009.

Pap-of-the-Month – Marika & Boone

Marika is a pretty red and white pap who is 11 lbs. of happiness which she shows by always wagging her tail. She is very shy and not a cuddler. She wants to be with her human all the time and is very glad when you come home, but she doesn't need fussing over. She is very playful with other dogs and is starting to show interest in toys. Marika is doing well with her leash [she loves walking and can keep going when the other dogs are tired]. She will go to her crate when asked and seems to really like "routine." Marika is very smart and has learned simple commands such as sit and wait. She wants to door dash, but knows to wait. She barks to go out, to come in, and strange noises. We are working on curbing the barking a bit. With a little more time and patience, Marika will be a wonderful "best friend."



Marika

This guy is adorable and 110% PUPPY!!!! Boone is only 6 months old, weighs 9 lbs., and is about 13" tall. He is a huge ball of energy and loves to play, wrestle, and chew up toys! He literally bounces off the walls at times; then at other times he is an absolute cuddle bug. He loves to tease the other foster dogs into playing with him and can be a little bossy at times. His favorite toys are little dog tennis balls and soft tug toys. After a long day of playing he enjoys cuddling with "Mom" and falling asleep in her arms while he gets his belly rubbed. He is extremely smart! He comes when he is called, "sits" on command, and is working on "drop." He is a VERY quick learner and would make a great agility or obedience dog. He loves to go everywhere with "Mom" and does well on a leash, but is a little shy in public. Since he is still a puppy he will greatly benefit from additional training and socialization to help him with his manners and to teach him all about the world around him. Right now he is still growing but his coat promises to be beautiful when it is fully grown. Boone will be a very handsome dude when fully matured.



Boone

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Foster Families URGENTLY Needed

Established in 2003, PHR has placed many Papillons into their forever homes. Many have been owner surrenders, shelter surrender as well as stray rescues. Our members pride themselves in finding the best possible homes for our Papillons.

But it's impossible to do without foster homes!

All of our rescued Paps go through a screening process, are altered, and fully vetted prior to placement. We are a national group of volunteers spanning the US who do this just because we love the breed and are trying to protect and preserve it! During their time with us in foster care, we work on crate training, socialization, basic obedience, and housetraining, so that the transition period is smoother once placed into their forever homes.

If you are interested in:

Adopting / Fostering / Volunteering

Please contact PHR at (501) 865-4442

Email: jorolan@catc.net or dogmom1f@verizon.net

Website: www.paphaven.org

*"Dogs come into our lives to teach us about love ...
they depart to teach us about loss.
A new dog never replaces an old dog, it merely expands the heart.
If you have loved many dogs, your heart is very big." Erin Young*

