

Visit the Mall!



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Become a virtual foster!

Click here to see how you can make a difference in a rescued Pap's life!

The Way Home is getting a facelift!

See the new layout debut in the
August 2011 issue
celebrating our 8th Anniversary!

Have you been able to help with the PHR Matching Challenge?



Papillon Haven Rescue has been contacted by an anonymous donor who wishes to do a Matching Challenge with our organization! The bottom line could be \$11,000! Are you willing to help?

For every donation made between April 1 and June 30 (or until the matching funds have been exhausted, whichever comes first), the anonymous donor will match by 100 percent, up to a total of \$5,500! Thus giving PHR a staggering \$11,000!

What do you say? Are you willing to help us WIN this challenge? Donations can be accumulated by any means necessary - donation cans, car washes, sell lollipops or dog biscuits, bake sales, etc. - whatever you are willing to do to make up our share of \$5,500, then our anonymous donor willing match the funds collected!

Mail your checks to:

PHR's Matching Challenge
PO Box 20306
Hot Springs AR 71903



An outreach e-communication from Papillon Haven Rescue

PHR 'wins' at Nationals

PHR members came out to support our booth at Papillon Club of America's National Show in Chattanooga, Tennessee, from all across the country. Gail & George O'Connor, from New Jersey, while Jan & Al Jorolan RV'd their way from Arkansas. DeeAnn & Chris Kilbourn and Andy and Jim Watson travelled from Texas! And then there were the day-trippers Jane & Walter Murdock.

It gave many of us the chance to meet new members that we only get to speak with via email and the phone. For others, it was a chance to catch up with old friends. But, of course, everyone missed the members who could not attend.

Then the real work began! Though there weren't many vendors, those that were there had terrific items. So the competition was fierce, but we all worked together to get the job done!



Dinner with new friends & old

The close of business in the vendor's area brought a chance for our members and friends to get together on Wednesday. Dinner at The Terminal Brew House – we were able to get the patio so the Paps could also attend – was a wonderful dining experience. The outdoor dining area afforded us the perfect setting. And we were just far enough away from the rest of the diners so we did not disturb their dinner with our business, laughter, and stories!

After a brief introduction period, PHR Director Jan Jorolan held a short business meeting to bring us all up-to-speed on
(continued on pg. 2)



PCART President Diana Fuchs (left) and PHR Board President Jan Jorolan (right) offered sincerest thanks after the presentation of Judge Jan Pauk's (center) gift to each group.



(Clockwise from upper left) PHR Board President Jan Jorolan and her husband Al (Arkansas); Board member Jim Watson (Texas); Liddy-Ann Everett (Arkansas); DeeAnn (waving with Daphne in her lap) & Chris Kilbourn (with Vivi in his lap, Texas); Diana Hamilton from PapAdopters; Ellen Stuban from PapAdopters (Michigan); Sandy Vaillancourt (Michigan); Patty Probst from PapAdopters; Rita Charvat (Michigan); Board member Andy Watson (Texas); Cindy Tregoe (Maryland); and George and Gail O'Connor (New Jersey).

PHR @ Nationals

(continued from pg. 1)

PHR issues, and shared small gifts with each of the attendees. The winner of the door prize was Ellen Stuban Then we were on to the REAL business at hand – a scrumptious dinner!

Drum-roll please

In the end we prevailed – \$2,201! Even subtracting the price of the booth (\$350), we did much better than last year! And we have bigger hopes/plans for 2012! With any luck, many more of you will be able to join us in Seattle.

Personal recaps

"Good morning everyone! Yesterday, Walter and I went to Chattanooga just for the day. It was wonderful. I got to meet Jan, Andy, and Dee Ann. It was so nice to put faces with names and talk face-to-face. Everyone is having a wonderful time and the Paphaven booth is doing very well. I was able to help at the booth for awhile and that made me feel that I was useful and contributing something.

It was so much fun to sit there and watch all these beautiful paps walk by. I watched my first obedi-



Nessa (left) & Maddie Everett want out of their crate to help with sales!



ence. Amazing! At the end of the day were the puppies. You couldn't help but smile. Guys, you should be very proud of Paphaven; we are being represented in the ring and at the

table with amazing people." **Jane & GA Gang**

"I am currently here at the nationals hanging at the PHR table! We have done so well selling all the wonderful donations and raffling the beautiful quilt and necklace. Thank you all for contributing! We were well-represented and had a great time visiting all week long!

I am definitely in for next year in Seattle! Whoohoo! Yes, don't forget the rescue parade! You can bring your dog for that! Also, the hotel will be dog-friendly, as is Seattle, so you

can cruise around town and vacation with your dogs! That is always great fun!"

Rita Charvat (Michigan)

Our President speaks!

As it has been posted, the 2012 National will be in Seattle. Al & I are planning to make the big trek via motor home on the southern route March 26 - April 1, 2012.

Nationals will be held at the Doubletree Guest Suites, Tukwila, WA – www.seattle.doubletree.com. You bet it will be nice. We will probably stay over afterwards as we have never been to the Pacific NW area.

Anyone may attend. If attending with PapHaven, we always need advance planners, booth workers, set-up and tear-down help, folks to meet & greet/pass out cards, help with getting items for our fund raising to the event, etc. The more the better! We do try to always have one night for dinner together. And, of course, the Rescue Parade!



Andy Watson (left) and PHR President Jan Jorolan review meeting details before the Member's Dinner at The Terminal Brew House.



Jim Watson and Paisley (above) take their turn in the show ring for the PCA Rescue Parade.

Below - Attendees check out PHR's wares





PHR attends the DeBella Dog Walk 2011

If you have spent ANY amount of time in the Philadelphia area, then you are probably familiar with the radio station, WMGK.



And if you know WMGK, then you know who John DeBella is. For all the rest of you, DeBella is a radio DJ that has been hugely popular since I was in Junior High ... maybe even before that. He is a HUGE Beatles fan and hosts the Friday "Breakfast with the Beatles" show. He is also a staunch supporter of animal rescue.

So for the last nine years, John has sponsored "The DeBella Dog Walk" (DDW) at various parks throughout the Philadelphia area. I did my first few DDW in the early 2000s, when the event was held at Ridley Creek State Park in Chester County, PA (south of the Philly airport). But as the years have progressed, so has the size of the event. Ridley Park became too small and other venues were given a chance to see how the "Dog Walk" would fit.

This year's event took place in Green Lane Park, in Green Lane, PA (Montgomery Co.). And from our perspective, it seemed to be a

GREAT fit! Lots of room for the vendors (rescue groups) and the visitors to stop and talk as well as several demonstrations about herding, agility, and obedience – with LOTS of great WMGK music (classic rock) in the background.

My roommate, Sarah Debeneadto, heard an advertisement on the radio on her way to work a few weeks ago and alerted me to the website to register – THANK YOU SARAH! What a day we had!

Right: Nora & Cutter Lenahan discuss breed differences and fostering with an attendee.

Below: Amy Fretz works the PHR booth.



While we really didn't make BIG money (unfortunately), we did make some new friends and talked with quite a few people. Many of the people I spoke with were interested in what "Pa-pill-eons" were – we quickly corrected the pronunciation ALOT! And with

Cutter Lenahan and Dakota and Dusty Fretz in attendance, we were able to show many people what the breed is all about.

Quite a few people that I spoke with were



Nora Lenahan (left) and Annie Paynter prep the booth before the start of the event.

interested in what was involved in fostering and how to become involved ... so I was handing out a lot of my foster cards.

A few of the people we spoke with wanted to adopt any or all of the three dogs we had with us (NOT!) A few made purchases and some just gave us money.

Occasionally, as we glanced up from our discussions, we would spot a "wigglebutt" that



was part of our spectacular breed! One was up for adoption thru another rescue group, a few were "just visiting," and one pap-pom mix was able to discover a little of his lineage. His poor mom was told that he was everything from a full-bred pom, to several other breeds she just couldn't remember. Thankfully, we were able to help her discover some of his breed background ... since I once had a pap-pom mix and, other than the black strokes on this baby's face, he bore a striking resemblance to my Sandy.

Then it was suddenly time to go home ... even though I was exhausted, it seemed like the afternoon flew by. Poor Cutter got in the truck and passed out ... he slept most of the evening after we got home, seeming to only wake up long enough to potty and go to bed!

But, all in all, we had a great day! And we truly hope that everyone who discussed fostering with us actually applies ... we could probably have two dozen new foster homes right here in the Delaware Valley area!

So I guess I'll be spending another lovely spring day in Green Lane next year – THANK YOU JOHN & WMGK!!!

All photos courtesy of WMGK & John DeBella!

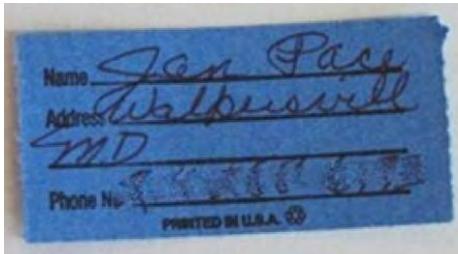
PLEASE! Feel free to cross-post our news!

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And the winner is ...

Recently, PHR has been selling raffle tickets for two lovely items. Each item had a reserve figure – the amount of money needed to meet its cost/worth.

On May 9th, the reserve was met for the beautiful Butterfly Quilt.



Presidential hubby, Al Jorolan, holds the ticket box for a lady at the vet's office in Hot Springs, Ark, to pull the winning ticket

So “off to town” went our dear president to her vet’s office to have the ticket picked by a disinterested third party.

The winning ticket number was 273640 – and the owner of this ticket was Jan Pace of Walkersville, Maryland.

Congratulations to Jan!

Upcoming fundraising activity:

PHR is looking to add a new twist to the annual auction event – gift baskets! If you have any good ideas for this type of event, or would like to submit a basket for that upcoming fall auction, please contact Auction Committee chairs Greg & Linda Ecklund at lecklund@gmail.com.

I couldn't resist!



I saw this in a *Blue Dog Bakery* e-newsletter and just HAD to share! Check out the wagon!!!

The caption read:

Flowers are starting to bloom and the days are getting longer, which can only mean one thing – SPRING! This month I have included the Top 10 Tips for Responsible Pet Ownership, for those considering adding a canine addition to your pack.

Also this month, I have included photos from two events that Blue Dog Bakery recently attended, the Mighty Texas Dog Walk in Austin, TX and the Ugly Dog Contest in San Diego, CA. Be sure to check out where you can find us at an event near you, for the opportunity to get some On-the-Go packs, coupons and maybe even a Blue Dog T-Shirt!

Check it out at
www.bluedogbakery.com/index

In the Bakery Window ...

Doggie Tuna Casserole

by Rachael Ray



Give your pooch a little lift with this protein-packed meal. Always check with your vet about which foods are appropriate for you to share with your pet.

4 Servings – Prep 20 min

Ingredients:

1/2 cup half-and-half or whole milk
One 6-ounce can tuna in water, drained
1 cup cooked egg noodles
1/2 cup frozen peas, thawed
2 tablespoons grated parmigiano-reggiano cheese

Directions:

In a medium saucepan, heat the half-and-half over medium heat. Mash in the tuna. Stir in the noodles, peas and cheese. Let cool.

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The Way Home is a monthly e-publication for the members/ supporters of the Papillon Haven Rescue (PapHaven).

Newsletter deadline

Materials and color photos for the next issue must be received by the 15th of the month prior to publication. Send materials to: norajl169@yahoo.com

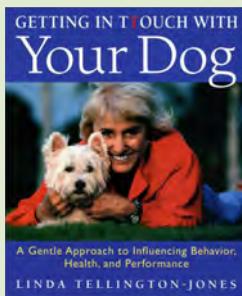
Book reviews –

'We're All Ears!'

Getting in TTouch with Your Dog: A Gentle Approach to Influencing Behavior, Health, and Performance

by Linda Tellington-Jones

This book not only offers a positive, no-force approach to training but much, much more! Using a combination of specific *TTouch*s (22 are described in detail), Leading Exercises, and the



Confidence Course (exercises over obstacles), a dog's health and performance is improved, common behavior issues are solved, and physical problems are positively influenced.

Touch – the

Tellington TTouch – is a method based on circular movements of the fingers and hands all over the body. The intent of the *TTouch* is to activate the function of the cells and awaken cellular intelligence – a little like “turning on the electric lights of the body.”

The *TTouch* is done on the entire body, and each circular *TTouch* is complete within itself. Therefore it is not necessary to understand anatomy to be successful in speeding up the healing of injuries or ailments, or changing undesirable habits or behavior.

The Tellington *TTouch* is a specialized approach to the care and training of our animal companions. Developed by Linda Tellington-Jones, PhD (Hon), internationally recognized animal expert, this method based on cooperation and respect offers a positive approach to training, can improve performance and health, and presents solutions to common behavioral and physical problems. It also helps establish a deeper rapport between humans and animals through increased understanding and more effective communication.

Using a combination of ground exercises, specific touches, lifts, and movement exercises, *TTouch* helps to release tension and increase body awareness. This allows the animal to be handled without provoking typical fear responses. The animal can then more easily learn new and more appropriate behaviors. By using the *TTouch* and a variety of other tools, like the Confidence Course, you can assist the animal in experiencing self-confidence in previously frightening situations. Even the most difficult problems are often

Fundraising ideas that won't cost a dime!

I don't know about anyone else, but it seems like every time I turn around I read or see another contest. *Modern Dog Magazine* has been running weekly contests since March. *Tails Magazine* runs a monthly giveaway.

Some of the items being raffled off are not necessarily to my taste or decor, but they might be to another member's taste. And if I won, I could donate that item to PapHaven Rescue for an upcoming auction or fundraising event!

How about you? Do you see contests everywhere? Could you sign-up – even if you don't like the items being given away – and donate that item to an upcoming PHR event? While your decor may not support an egg-shaped pet bed pod (recently raffled off from *Modern Dog Magazine*), for someone with ultra-modern decor, it may be just the ticket!

Friends in the business

Do you have a friend or relative that is in business for themselves? Do they make anything – clothes, craft items, etc.? Do you think they could be “sweet-talked” into donating some of their wares to the next auction event?

Just about everyone has a friend or family member who is in business for themselves. A cousin who does holiday crafts. A sister who crochets or knits. A husband who likes to do woodworking – and you have no more room in your home for his “masterpieces”! PLEASE! Think about PHR when things like this come

eliminated. You can also learn how to apply the Tellington *TTouch* to assist with recovery from illness or injury, or just enhance the quality of your animal's life.

TTouch can help cases of:

- Excessive barking and chewing
- Leash pulling
- Jumping up
- Aggressive behavior
- Extreme fear and shyness

up ... we can always use these “treasures” to entice donations from someone else.

Regifting

I don't know about anyone else, but I have (in the past) given the idea of regifting serious consideration. Think about it! My office has a pollyanna every year. And last year they decided to do a silent auction type of thing ... every one gets a number and then you choose a present. If you like the present someone else chose, you can exchange for that one.

So I participated. I chose a gift to contribute that was generic enough for either a male or female co-worker – a \$25 gift card to Kohl's and a box of homemade cookies.

That afternoon, when we chose numbers, I got #9 (out of 19). The gift I chose was a \$25 Starbucks card and a mug! Pretty nice considering I could live my life in Starbucks if I could afford it! Somewhere along the lines, one of my colleagues decided they wanted my Starbucks card, and gave me their wine glasses and decanter ... which might have been okay, except that I am a recovering alcoholic!

But I now know that gifts like this can be donated to PHR for their next auction event and it's not just another dust catcher in my home! Think seriously about it!!!

A last thought

I'm an avid reader ... always with my nose stuck in a book ... or recently my Kindle (a gift from my nephew's family for Christmas).

I would think that authors are always looking for validation from their audience. What better validation than to send them an email telling them how much you liked their latest book! And while you're at it, ask them if they could donate a copy to our cause? Two (I know I'm pushing the envelope) if they wrote a book about dog care (one to resell and one for the library). I have done this on several occasions with GREAT results!

- Resistance to grooming
- Excitability and nervousness
- Car sickness
- Problems associated with aging

This gentle method is currently used by animal owners, trainers, breeders, veterinarians, zoo personnel, and shelter workers in several countries. There are certified practitioners teaching *TTouch* around the world who can show you how to help you with your dog, cat, or other pet.

Be a "Well-Educated" owner ...

Compound pharmacies & your dog

Editor's note: All of the health care stories printed in *The Way Home* are for informational purposes ONLY!

PLEASE be sure to discuss any changes in medical care or diet with your vet first!

Does Your Pet HATE Pills?

Have you ever been given a prescription for your pet only to find out that to get the correct dose, you need to cut a tablet the size of a pea into 16 different pieces? Or have you ever tried giving your pet medication only to have them get all freaked out and try to bite or scratch you and when you finally get the medication down them, they hide for weeks?

These are just two of many scenarios where prescription compounding can be helpful. With compounding, you are able to get more accurate dosing and also get a form of

the medication that makes "med time" less stressful for you and your pet. As we all know, if they don't take their medication, it doesn't do them much good. We can even add your pet's favorite flavor to most dosage forms.

Does your pet take more than one medication? In most cases, we can combine their meds so you only have to give one dose. Sound too good to be true... it's not! I like to compare prescription compounding to baking. Instead of using flour, sugar, eggs, and oil, they use drug powders, gels, and solutions to create pharmaceutical masterpieces.

Compounding Options & Benefits

Form	Administration Method	Ease of Use
Suspensions/ Solutions	Oral – Given via oral syringe or added to your pet's food for ingestion.	Multiple palatable flavors are available for your pet, including chicken, tuna, cheese, sardine, bacon, various fruits, vegetables, and peanut butter.
Chewables	Oral – The medication is mixed in a chewable treat base and can be flavored to your pet's preference.	A great flavored treat alternative.
Capsules	Oral – A solid drug form enclosed in a non-flavored, hard or soft gelatinous shell. Dosages are customized for your pet's specific needs.	Easy to swallow and masks bitter tastes. Some pet owners also request flavoring so that they can pull the capsule apart and sprinkle the contents on their pet's food. If your pet is taking multiple medications, they may be able to be compounded into just one capsule so you do not have to give several different pills or capsules.
Concentrated Oils	Oral – Given by dropper on your pet's tongue for ingestion.	Medications can be given in higher concentrations, meaning smaller volumes compared to traditional dosage forms. (e.g., some medicines can be given in as little as three drops on your pet's tongue). The oils can also be flavored.
Ointments/ Creams	Topical – Typically rubbed onto the affected area of your pet's skin.	Targets affected areas and are easy to administer.
Gels	Transdermal – Simply rub a pre-measured amount onto a part of your pet's body with little hair, such as the inside tip of the ear or on the abdomen (dogs).	The medication is absorbed through the skin, allowing your pet to be given their medication without the fuss of oral dosages. (Note: Care must be taken with this dosage form to protect the pet owner from possible self-contamination. Rubber gloves or finger cots should be used while applying this type of medication and hands should always be thoroughly washed after application.)
Disintegrating Oral Tablets	Oral – This is a melt-in-your-mouth tablet that dissolves in seconds and is readily absorbed through the tissues in the mouth.	This is a relatively new form of administering medication to your pet. The medication dissolves so quickly that it is difficult for your pet to spit it out. The medicine is then absorbed through the mouth where there is a good supply of saliva and good blood flow to get the drug rapidly into the body. These can be flavored, as well.

What is compounding?

Compounding is the professional and scientific preparation of a customized prescription medication. With a compounding prescription from your vet, a compounding pharmacy can take FDA-approved, and/or pharmaceutical-grade chemicals and compound (mix) them into the correct dosage and administration method for your pet. Compounding allows your vet to prescribe a particular medicine, dosage form, or strength not commercially available; change the form of a medication in order to make administration to your pet easier; combine multiple medications into one; or flavor your pet's medication, making it more palatable.

Types of Custom Prescription Compounding (CPC)

Just like making a decadent dessert, CPC pharmacists start with a recipe that has been specially formulated for your pet's prescription and also that caters to your pet's specific tastes. If they prefer a chewy treat, we have gummies. If they like a crunchier biscuit-like treat, there is the Medi-Bite™. If they really have no preference, we can make capsules. Do they like to have their ears rubbed? Try a transdermal gel where the medication soaks in through the skin. Do you want a dosage form that is easy to administer or small enough to hide in some other food? Try an oral liquid or an Animelt™. We even have sterile ophthalmic drops for treating dry eye.

No matter what form you or your pet chooses, you can feel confident that you are getting the best product in the industry.

How can a compounded medication benefit my pet?

Prepare proper strength of medication: Many commercially available medications may not come in the strength your pet needs. Your vet can prescribe a specific dosage that can be compounded.

Change the form: Compounding pharmacies can make the administration of a medication easier by changing the form. For instance, medications in a tablet form may be compounded into a liquid form.

Provide some medications that are no longer available: Sometimes drug manufacturers discontinue certain medications, dosage forms, or strengths and there is no human equivalent available for your vet to substitute.

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PLEASE! Feel free to cross-post our news!

Mosquito spray... It's worth a try

I was at a deck party a while back, and the bugs were having a ball biting everyone. A man at the party sprayed the lawn and deck floor with Listerine (the original, amber-colored, liquid mouthwash), and the little demons disappeared.

The next year, I filled a 4-oz. spray bottle and used it around my seat whenever I saw mosquitoes. *And voila!* That worked as well.



It worked at a picnic where we sprayed the area around the food table, the children's swing area, and the standing water nearby.

During the summer, I don't leave home without it... Pass it on.

A FRIEND'S COMMENT: I tried this on my deck and around all of my doors. It works – in fact, it killed them instantly. I bought my bottle from Target and it cost me \$1.89. It really doesn't take much, and it's a big bottle, too; so it is not as expensive to use as the can of bug-spray you buy that doesn't last 30 minutes. So, try this, please. It will last a couple of days. Don't spray directly on a wood door (like your front door), but spray around the frame. Spray around the window frames, and even inside the dog house.

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Compound pharmacies

Working with a compounding pharmacy, your vet can prescribe the specific dosage and medication your pet needs.

Combine multiple medications: In some cases, if your pet is on multiple medications, a compounding pharmacy can combine them into one medication making it simpler to administer your pet's prescriptions, and often saving you money.



Flavor the medication: Compounding pharmacies can prepare your pet's medication in a variety of flavors including bacon, beef, cheese, chicken, fruits, liver, peanut butter, sardine, tuna, vegetables, and many more; your pet will think he is getting a treat rather than medicine.

Are all medications able to be compounded?

Compounding is a useful and often necessary pharmacy practice. Unfortunately, not all medications can be compounded into all the different dosage forms due to any or all of the following reasons:

Stability – A medication is only effective when its active ingredient(s) are stable and working. Not all of the dosage forms are capable of maintaining the active ingredient. For example, an antibiotic may be stable for one year when formulated into a tablet or encased in a capsule, but it may degrade to the point of being ineffective after only fourteen days as a suspension.

Another factor that can affect stability is the medication's interactions with active and inactive ingredients contained within the dosage form. Some medications are incompatible with the inactive ingredients most often used in compounding. Some medications cannot be combined with other active ingredients (e.g., another medication) because they will not remain stable.

Solubility – Solubility is an ingredient's ability to dissolve completely in a liquid. Some medications are very soluble allowing a large amount of the active ingredient powder to dissolve in a very small amount of liquid. Prescriptions of this nature can be easily formulated into a concentrated solution that can then be flavored to make the final preparation more

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palatable. Some medications are so insoluble that even a teaspoonful of active ingredient would not dissolve in a swimming pool of water. In this case, the medication would not be suitable for compounding into a liquid form.

If an active ingredient is stable in liquid, it can be compounded into a suspension instead of a solution. In a suspension, the medication is first coated, preventing the active ingredient from sticking together, then added to the liquid. This process aids in the even dispersion of the active ingredient throughout the entire volume and more accurate dosing.

Palatability – Some medications are so bitter or metallic tasting that flavoring cannot cover the taste. Even though they may be suitable for any oral dosage form such as a tablet, they would be difficult to administer due to the taste. In this case, the medication could be incorporated into a hard gelatin capsule to prevent the taste buds from coming into contact with it.

Legality – Legal limitations exist that prohibit the compounding of certain medications. In most of these cases, the limitations are due to patents held by pharmaceutical manufacturers that prevent the use of the active ingredient or prevent the compounding of that particular medication in patented dosages or strengths.

How can I find out if my pet's prescription can be compounded?

If you feel that your pet could benefit from having his or her prescription customized, you can check with a compounding pharmacy to discuss your options. Once you have the information on the possible dosage forms and alternatives available, discuss the options with your vet, who can authorize the specific compounded prescription for you.

Help PapHaven Rescue every time you search.

It's that easy!

(Remember: you must be logged-in to iGive before you begin your search!)



iSearchiGive™

Before I was a Dog Mom ...

Before I was a Dog Mom:

I made and ate hot meals unmolested;
I had unstained, unfurred clothes;
I had quiet conversations on the phone,
even if the doorbell rang.

Before I was a Dog Mom:

I slept as late as I wanted and
never worried about how late I got to bed . . .
or if I could get into my bed.

Before I was a Dog Mom:

I cleaned my house everyday,
I never tripped over toys, stuffies, chewies,
or invited the neighbor's dog over to play.

Before I was a Dog Mom:

I didn't worry if my plants, cleansers, plastic
bags, toilet paper, soap or deodorant were poi-
sonous or dangerous.

Before I was a Dog Mom:

I had never been peed on,
pooped on, drooled on, chewed on,
or pinched by puppy teeth.

Before I was a Dog Mom:

I had complete control of my thoughts,
my body and my mind.
I slept all night without sharing the
covers or pillow.

Before I was a Dog Mom:

I never looked into big, soulful eyes and cried.
I never felt my heart break into a million
pieces when I couldn't stop a hurt.
I never knew something so fury and
four-legged could affect my heart so deeply.

Before I was a Dog Mom:

I had never held a sleeping puppy
just because I couldn't put it down.
I had never gotten up in the middle
of the night every 10 minutes to
make sure all was well.
I didn't know how warm it feels inside
to feed a hungry puppy.
I didn't know that something
so small could make me feel so important.

Before I was a Dog Mom:

I had never known the warmth, the joy,
the love, the heartache,
the wonderment, or
the satisfaction of being.... **A Dog Mom**

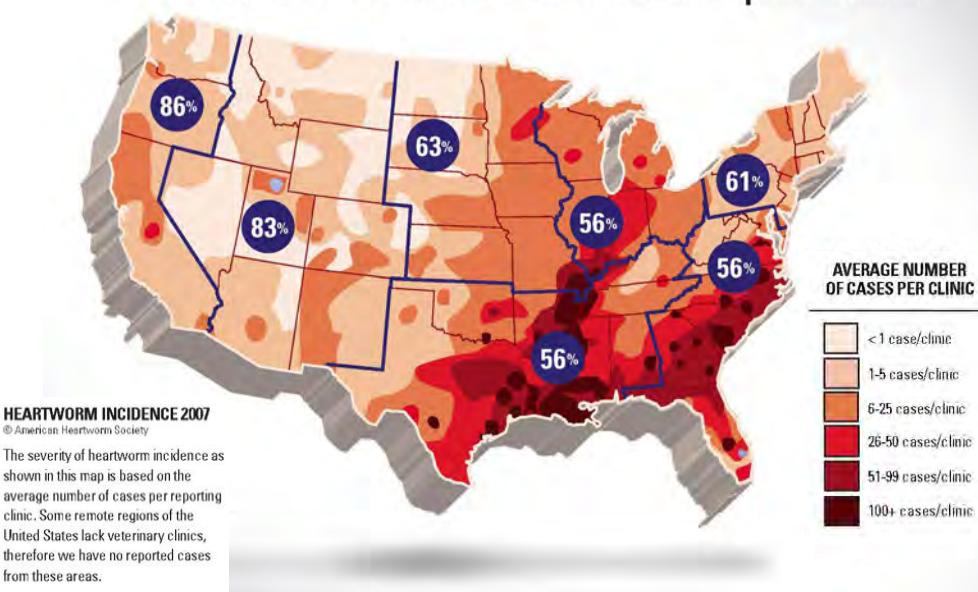
Have a new foster?

Order your foster
goodies here!!!



64% OF DOGS LEAVE THE VETERINARY CLINIC WITHOUT A HEARTWORM PREVENTIVE*

Percentage of dogs per region leaving the veterinary clinic **WITHOUT** a heartworm preventive. | (October 2008-September 2009)



www.bringfido.com
Dog Friendly Vacations

Need help deciding where to bring Fido on vacation this year? Bring Fido's (BF) dog friendly city guides rank more than 10,000 cities worldwide for their popularity among dog owners and general "dog friendliness." Dig in to see the most popular destinations, or in your own neck of the woods. Once you've narrowed it down to a particular city, we'll give you the best places to stay, play, & eat with Fido when you're there. PapHaven receives \$5 for each reservation made through BF. **Use Referrer ID: paphaven.**

Speak to a pet-friendly travel expert at 877-411-FIDO

Pawfriendly Landscapes (PFL) Tip

<http://www.facebook.com/home.php?#!/photo.php?pid=4320417&id=223141086885>

Reprinted with permission from www.pawfriendlylandscapes.com

To keep cut flowers blooming longer, combine two tablespoons of vinegar, three tablespoons of sugar and one quart warm water in your vase. Your cut flowers will last much longer!



Have fun & get dirty!!!

Make donations using paypal

<https://www.paypal.com/cgi-bin/webscr>

Remember – all donations are tax deductible!

Save a Dog!

(iGive has over 560 stores to shop from. Enter the site as a Pap Haven supporter and PHR gets a percentage in return)

www.igive.com

Introducing PapHaven Rescue – www.paphaven.org

This group came about through the love of a small deaf puppy that required transport halfway across the country to her new home. It took the effort and dedication of people from Texas to Washington D.C. and on to Ohio. It took the cooperation of three other rescue groups. In the end, it took the hearts of every one. It is this good will and renewed faith in the goodness of people everywhere that led us in forming Papillon Haven Rescue (Pap Haven). We are a 501(c)3 non-profit organization, all volunteer National group specializing in Paps and Papillon mixes, their rescue, and rehabilitation.

Since then, PapHaven Rescue has grown dramatically and continues to grow and evolve to try to meet the changing needs of rescue and the ongoing saga of Papillons in need... where ever they are.

We would like to invite you to join in our rescue efforts. With hands reaching out across the country, we can form a circle of love and caring that refuses to let even one Papillon in need fall though the cracks. We are not in competition with any other rescue groups. In fact, it is our goal to work hand in hand with every rescue group and shelter that will join us in this effort. We will not ask for perfect lineage, origins, or looks. We will coordinate with other groups for transporting each other's breed. We welcome volunteers, sponsors, interested folk, contributors, and especially kind words.

Our eNewsletter, *The Way Home*, will try to bring informative articles, feature stories, announcements, upcoming events, and urgent alerts about situations where the need for rescue is great.



It could be YOURS!

PHR is raffling off this lovely sterling silver & Mother-of-Pearl necklace.

This exquisite Butterfly necklace is handcrafted sterling silver with Mother of Pearl, and 9 Peridot gemstones fashioned by Ben Cole, International Design & Gemology expert. It is in a generous size of about 3" x 3" and has a fabulous 20" long titanium mesh cord with sterling silver fastener.

Ticket sales begin on April 15; the winning ticket will be drawn on May 15 (or when the reserve is met). To purchase tickets, visit http://www.paphaven.info/necklace_raffle.html - \$5 each; 3 for \$12!

Include your name, address, and how many "tickets" (actually numbers) you're purchasing. Payments can be made via check or money order payable to Papillon Haven Rescue and mail to:

PHR Necklace Raffle • PO Box 20306 • Hot Springs AR 71903

(PLEASE! Do not use PayPal for this event!!!)

Help wanted!

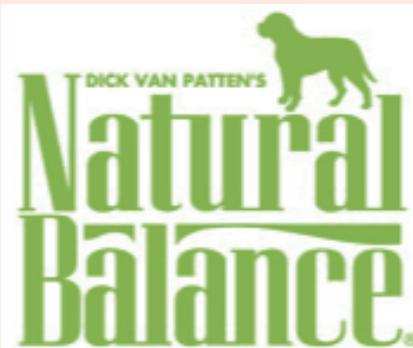
What do you feed your dog?

If the answer is Natural Balance, then we need your help!

Dick Van Patten's Natural Balance Pet Foods has offered to make a donation to a rescue group if they can save 50 bar code / purchase receipts from their foods (specific flavors don't matter). They do require 50 bar codes before they accept a submission.

If you can help, please send your bar codes and receipts to **Stephanie Sherwin** – she will collect and then mail in the necessary paperwork when we have enough for submission. This is a continuous program – so please save them!

Please send to: 4 Woodsong, Roland, AR 72135



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