



The Way Home

An outreach e-communication from Papillon Haven Rescue

Animal Photography

Issue #71

www.paphaven.org

January 2012

1,000 rescued & counting!

Westminster Games are BACK!

Start purchasing your ticket bundles beginning January 10, 2012 thru 12 a.m. on Monday, February 13.

Instead of a boring raffle number, you receive a group of dog breeds. If one of the breeds you hold wins a Group One, you will be entered into a drawing to receive a Group One level prize. If your breed takes Best in Show (BIS) you will be entered into a drawing with the other BIS winners for the Grand Prize. The number of players holding Group and BIS winners depends on the number of entries sold.

The show will be telecast live on Feb. 13 & 14, from 8 to 11 p.m. on your local USA Network station. As you watch, check your breeds and see if you may be one of the winners! This game is great as it gives us an inspiration to learn about and cheer for different breeds. The great thing about Westminster is that it can be very unpredictable, which adds to the excitement.

ABSOLUTELY No PayPal transactions for this game!

The Herding, Hound, Non-Sporting, and Toy group competition will be televised live Monday on USA Network from 8-9 PM ET and continuing on CNBC from 9-11 PM ET. The Sporting, Working, Terrier, and Best-In-Show competition will be televised live Tuesday on USA Network from 8-11 PM ET.

OK... Ready to Play?

Here's what to do:

Each Group of 5 breeds is randomly selected by computer and assigned in the order that entries are received to be absolutely impartial. No, you cannot pick your own group of breeds. Visit www.paphaven.info/westminster_012.html to get further details and to see the great prizes!

Each group of 5 breeds are \$10 or 15 breeds for \$20. Please email PapHavenRescue@yahoo.com with your donation amount – then send your check to:



PHR Westminster Games
PO Box 20306
Hot Springs, AR 71903

ABSOLUTELY No PayPal transactions for this game.

Jan will mail you a confirmation along with the breeds you are assigned. Then, just watch the Show!!!! If you are a lucky winner the postage is also included!! Your donations are what makes it possible for us to help Papillons in need find their own Forever Home!

****Please note!**** This Fundraiser is open to persons in the continental US only. A purchase of one or more blocks is considered a commitment to donate that amount. This Fundraiser begins at 8 a.m. Jan. 10, 2012 and closes at midnight the evening before the Show (Monday, Feb. 13 at 12 midnight CST).

Features:

- PapHaven Classifieds2
- Who's Who?3
- Calendar sales7
- Cookbook update7
- PCA Nationals9
- In the Bakery Window10
- Paps of the Month.....11
- Success Stories.....11
- MORE PHR Classifieds13

Senior Citizens need pets

Most senior citizens who have pets treat them like they are their children. Of course, you don't need to be a senior to do that, but homes without children of the human kind truly do NEED children of the furry kind.

In addition to providing companionship, unconditional love and a calming effect, larger pets can also provide a sense of safety to seniors. Its also been shown that people who

(continued on pg. 4)



Who's who?

It would seem that this section of the newsletter has become a favorite of many ... helping see into the lives of friends we have only met thru the PapHaven world.

In our continuing series, we are striving to make names and faces more familiar to our membership. We noted (from a group discussion) that while names of members are very familiar, we really know very little

about each other. And we are not always sure about the faces that go with all those names! Not to say that we all need "intimate details" about each other's lives, but even a general knowledge is sometimes scarce!

What began after a discussion with several members has helped us to better know our colleagues.

Who's next in line ... **Bob Foulk**

"For the sake of drama that comes from a personal awakening I need to provide focus on *Life Before Papillons*." I've loved cats since I was a small child and almost always had cats in my life except when I lived in a rooming house while attending Ohio State University. I always respected their independence and the fact that cats don't out of hand "obey" commands from the lowly humans with whom they sometimes share living quarters. I liked that you needed to seek common ground with Mr. or Ms. Kitty.

On the other hand, I had a strong dislike for dogs! That came from the fact that my parent's dachshund, always jealous of the attention I gave to my cat, killed the cat, quickly and brutally. I was about 5 when this happened and from that point on wanted nothing whatsoever to do with dogs. I later realized that this type of behavior was a characteristic of the breed but that really mattered little. I rescued abandoned cats, got them 'tuned up,' and found them homes. I even once needed to go through the serious of shots for rabies because I was bitten by an injured cat that subsequently ran off on one hot August afternoon. I should note that there was an exhaustive search for the cat prior to my needing to submit to the shots that yielded no cat. While it was presumed to be dead the rascal decided to make a brief appearance sometime in October. Still clearly feral and quite healthy, he didn't pause to apologize for his unwarranted attack.



Janie Foulk & Snapper

Things got complicated in Aug. 2002. I had separated from my wife and was living alone. Because our two cats had lived in the same place for 10 years, and my wife was very attached to the cats, I elected to let them stay with her. I didn't want to separate them. After 10 months of living without a cat, fate conspired to set off a series of events that would result in my having two dogs. I needed to visit one of my clients who was housed in the hospital in Delaware, Ohio. I parked on the loading dock in the rear of the facility and as I exited my car I heard what was clearly a kitty in distress. I looked into a ravine behind the loading dock and saw this obviously distressed kitten that almost disappeared except for her head when she came towards me.

Now this was an extremely hot day, and clearly not having taken a lesson from the events of years prior, I sat at the top of the ravine and talked to this kitty for over half an hour before I could get her in hand. She was totally ambivalent; in distress and wanting to approach but at the same time being terribly fearful. I took this poor creature into the basement of the hospital to visit my client but both the cat and I got tossed out. Clearly any type of "creature" was unwelcome in any part of the hospital.

I took her to a vet to have her overall health status assessed.



Bob Foulk & Zipper

Part of that was a feline leukemia test; a test I always have done for rescued kitties but, unlike all the others, this one proved to be positive. She was about six months old and in very poor health but otherwise was in no immediate risk of dying. The vet advised putting her down, feeling that she would likely survive only a matter of weeks... I declined. I felt that having had such a rough life, having been given this deadly disease from her likely dead mother, she deserved at least a few weeks of quality kitty care.

With good food, lots of love, and a supplement concoction I found on a homeopathic vet site I referred to as kitty gunk, she grew into a relatively healthy and robust year old cat; a cat that needed someone approaching her speed as a play mate. The rub was the feline leukemia is almost 100 percent fatal and the vaccinations are only 85 percent effective. I couldn't in good conscience get another kitty as a playmate. What to do, oh what to do?

Two of my brothers and my parents live in east Texas. My one brother had purchased a papillon for his daughter, who had subsequently moved back home for a year. Later, when she announced that she was again going out on her own, my brother informed her that she could leave but the dog was staying. They, my brother and the dog, are even today quite the pair. I like to think of my brother, the consummate alpha male, riding around in his pickup truck, and visiting construction sites with this 4.5 pound dog on his arm. Everyone was amazed; and of course, anybody with a gripping appreciation of their own mortality accepted this without comment.

Being around this little dog on visits, I was taken by just how cat like they were and the personality is, of course, totally captivating. So to solve the problem of Gracie's playmate (she was rescued from behind Grady Memorial Hospital) I located and purchased a papillon puppy who became known to the world as Zipper. They were fast buddies and would play with great energy. If the pup's exuberance became too much, Gracie would levi-

(continued on pg. 8)

Senior citizens need pets

(continued from pg. 1)



Cynthia Dauphin & her rescue pup, Lexie! Lexie was rescued from a kill shelter by PHR members traveling to our annual "Mingle" in 2007. Since the adoption, Cynthia and Lexie are inseparable!

have pets tend to live longer. Pet ownership, as we all know, also has its responsibilities. Sometimes these responsibilities are more difficult on seniors and keeping their pets can present problems. The escalating cost of veterinary bills and the ability to transport their pets when many don't drive are very real issues.

For seniors living alone or in nursing homes, a pet can provide companionship and comfort unmatched by human relationships. They can enrich the quality of life for those suffering from loneliness, depression, or physical ailments. Pets offer unconditional love, loving us regardless of what we wear, what kind of car we drive, or how much money we have. Eager to please us, it doesn't matter to them if we can't walk or have to use a wheelchair.

Elderly people suffering from loneliness, depression, or physical disabilities often put up barriers between themselves and other humans. Pets are usually successful at breaking down these barriers to allow the elderly to have more fulfilling lives in their golden years!

Feeling "loved & wanted"

A pet may enrich the physical health of the elderly by encouraging them toward physical exercise which will increase their mobility

and the ability to care for themselves. Relaxing with a pet can lower blood pressure, decrease the need for pain medications, and reduce post-operative pain.

Quite often senior citizens will consider having a pet more important than moving to a more convenient place to live where pets aren't allowed. Many nursing homes have mascot pets or will allow the seniors' own pets to come for a visit, and all states now allow pets in nursing homes. Having a dog or cat mascot in a nursing home has as many benefits as if the residents had their own pets. The elderly residents may reminisce about pets that they had as children and begin to communicate and interact more readily with the other residents and staff members, and become more receptive to necessary medical treatments

For seniors who live independently, be aware that federal mandates allow people who live in federally-funded housing units to have pets, including dogs, cats, fish, birds, turtles, and rodents. Owners are required to maintain their pets responsibly, and there may be restrictions placed on the size and number of animals. Elderly pet owners who live alone need a contingency plan in case they become unable to care for their pet because of an illness or emergency. Pertinent information should be written on a card, including the names of the pets and their descriptions, the address where the senior lives, the name of their veterinarian, any medicines the pet needs, and the name of a person to contact, a family member or friend who has agreed to look after the pet in case of an emergency. It would be wise to have more than one card; perhaps one on the refrigerator, one in the car, and one to be kept with the owner. Seniors with physical disabilities or limited mobility may need help with the more difficult tasks involved in pet care, such as walking the dog, bathing pets, or cleaning the cat litter box. Friends, neighbors, or church members may be willing to help.

Pets, especially dogs, should be socialized to accept other people and allow them into the house. Home health care workers and emergency medical technicians may need to enter the house to provide care and should not be hindered by an unfriendly canine.

Getting around

Several cities in Colorado have been surveying their veterinarian population to find out

which ones offer discounts to senior citizens for pet care, as well as which ones either make home visits or provide some type of transportation assistance and other help. In Fort Collins, their Senior Advisory Board obtained a grant allowing it to start a mobile veterinary service for seniors called *Elder Pet Care*. What a great idea!! Seniors are charged based on a sliding scale for veterinary services performed at their homes. The program is now self-sustaining after ten years.

Some transit systems, like the city of Loveland, CO are also on board by allowing pets to ride in crates. Transit systems in Boston, Toronto, Seattle, and San Francisco allow full size dogs on leashes to come on board, as well as ferries in some of these cities.

We think all these programs are worth duplicating across the United States. Next time you're at your vet, why not ask if they're involved in any programs that offer discounts or mobile pet care to seniors. After all, it never hurts to ask!

The Healing Power of Pets

Many researchers are finding that the most serious disease for older persons is not cancer or heart disease – it's loneliness. It may sound more like a poetic image than an overwhelming medical reality, but people die of broken hearts. Love is the most important health tonic we have and pets are one of nature's best sources of love.

Dogs and cats help everyone overcome the pain of loneliness by supplying companionship and affection. For anyone who is consistently left alone pets can also supply a sense of security and protection. Pets can make you laugh and divert your mind away from troubles. They also broaden your circle of friends and encourage good health through exercise. Studies show that pets can aid relaxation, lower one's blood pressure, promote health, and prolong life. They help us unwind. Nurtured by the affectionate attention of pets, stress and anxiety are eased. Anyone who ever bonded with one will confirm the value of a pet.

Many medical providers know that if you suffer from heart disease or stress, "a cuddle-a-day may keep the doctor away." But if hugs are hard to come by, the next best thing may be a dog or a cat in the lap.

(continued on pg. 5)

Senior citizens need pets

(continued from pg. 1)

Elderly and lonely individuals have discovered that pets satisfy their needs and enable them to hold on to the world of reality, of care, of human toil and sacrifice, and of intense emotional relationships. Their self-concept as worthwhile individuals is restored and even enhanced when they find that the pet they have been caring for loves them in return.

Patients in hospitals or nursing homes who have regular visits from their pets have shown to be more receptive to treatment. Their pets bring love and acceptance that boosts self-esteem and helps give the patient the incentive to recover and the will to live. Animal programs in nursing homes increased self-care activity and mobility; residents “came alive,” their spirits lifted. Depressed patients who were unwilling to work to regain lost skills resulting from a stroke – when given a pet to play with

– began to smile and cooperate with therapists. Those who have Alzheimer’s disease may experience loneliness and emotional isolation. A pet is always there, eager to please, no matter what the person’s state.

Some pet programs at nursing homes are credited with enabling patients to reach out beyond their own isolation and pain and start caring about the world around them once again. A lot of these patients have many losses, personal as well as some physical health problems. It’s important for them to have something like a puppy that’s so accepting, that doesn’t care if you are in a wheelchair or if you can’t walk, or if you’ve had an amputation. The puppy loves everybody and it means a lot to the patients.

For an older person, whose wife or husband has died, a pet may be the only being that they can touch and cuddle and talk to, giving them that kind of feeling of intimacy which is so important for human existence. A pet can help us cope not only with the loss of a loved one but help us adapt to changing circumstances such as an illness or a change in living arrangements.

Seniors Can Save Lives of Homeless Pets

Senior citizens are one of the most underutilized and under appreciated age groups. Active seniors in good health have the time and often the financial ability to be partners and supporters of the local animal shelter. Having a purpose and passion are so important for their well being. Shelters can partner with this group for fund-raising, pet adoptions, and more. Following are some ideas for animal shelters to partner with seniors in your community.

All animal lovers can help involve seniors since we all have older family members. Could you involve your retired aunt in your local shelter’s fundraising or volunteer efforts? Would a senior in your family be willing to foster a homeless pet?

Have a “seniors 4 seniors” event

Team up with senior citizens communities to conduct an adoption event for their citizens. Older pets are perfect choices for senior citizens since they’re less active. Younger pets can create a hazard for seniors by being underfoot. This event would be for active seniors who lead active lives, not for anyone needing medical assistance.

There are many adult/senior communities, including rental units for independent living, housing developments for those over 55, etc. Rental communities sometimes won’t allow pets. The reason often given is that they don’t want to be responsible for the care of the pets if the senior becomes ill. However, many places are allowing pets so they can be competitive with facilities which do allow pets.

Meet with the senior communities’ management about their pet policy. Pets

have been proven to be beneficial to the health of seniors. Be prepared to show statistics and facts to explain this benefit. Make senior pets available at a lower cost. Offer a class on pet care just for seniors.

Senior activity and recreation centers can sponsor a shelter

Ask to conduct an adoption event at their facilities. Offer low cost adoption fees and pet education classes for their members. Shelters can do this on an ongoing basis, perhaps twice a year. Ask these activity centers if you can advertise all your fundraising events in their newsletter, on bulletin boards, etc. Members of these groups are excellent candidates to adopt pets as well as donate and help with fundraising activities.

Seniors can foster homeless pets

Homeless pets which have been abused, malnourished, or abandoned often need to be fostered before they are ready to be adopted. These animals may need medications, trips to vets, etc. Seniors have time to provide this additional care.

Advertise in senior publications

Research how to reach seniors in your community and start advertising, publishing articles, etc. Many newspapers publish a special section for seniors. Some communities publish a monthly senior publication. Submit articles to these publications on the health benefits for seniors of owning pets. Or write about your shelter’s “seniors for seniors” program. Post information on the bulletin boards of senior centers, libraries and churches.

(continued on pg. 7)

Up to
26%

Of Each Online Purchase Helps Your Cause.

Start iGiving in 3 easy steps:

1. Join iGive.com for FREE
2. Shop online at any of the 800+ stores in the iGive network. You'll see all your favorites, including Amazon.com, Best Buy, Staples, eBay, and Pottery Barn!
3. **Your Cause** receives a check for up to 26% of each purchase!

It's free, it's easy, and every purchase you make generates a donation to **your favorite cause.**

<http://www.iGive.com/joinlink>

iGive.com™
Change online shopping for good.



© 2011 iGive.com. All rights reserved. iGive.com is a service mark of iGive.com. iGive.com is a registered trademark of iGive.com.

Pets for Senior Citizens

You've probably noticed that when you pet a soft, warm cat or play fetch with a dog whose tail won't stop wagging, you relax and your heart feels a little warmer.

Scientists have noticed the same thing, and they've started to explore the complex way animals affect human emotions and physiology. The resulting studies have shown that owning and handling animals significantly benefits health, and not just for the young. In fact, pets may help elderly owners live longer, healthier, and more enjoyable lives.

A study published in the *Journal of the American Geriatrics Society* (JAGS) in May of 1999 demonstrated that independently living seniors that have pets tend to have better physical health and mental wellbeing than those that don't. They're more active, cope better with stress, and have better overall health. A

1997 study showed that elderly pet owners had significantly lower blood pressure overall than their contemporaries without pets. In fact, an experimental residential home for the elderly called the *Eden Alternative*, which is filled with over 100 birds, dogs, and cats and has an outside environment with rabbits and chickens, has experienced a 15 percent lower mortality rate than traditional nursing homes over the past five years.

How do they do it?

There are many explanations for exactly how pets accomplish all these health benefits. First of all, pets need walking, feeding, fresh water, grooming, and fresh kitty litter, and they encourage lots of



playing and petting. All of these activities require some action from owners. Even if it's just getting up to let a dog out a few times a day or brushing a cat, any activity can benefit the cardiovascular system and help keep joints limber and flexible. Consistently performing this kind of minor exercise can keep pet owners able to carry out the normal activities of daily living. Pets may also aid seniors simply by pro-

viding some physical contact. Studies have shown that when people pet animals, their blood pressure, heart rate, and temperature decrease.

Many benefits of pet ownership are far less tangible, though. Pets are an excellent source of companionship, for example. They can act as a support system for older people who don't have any family or close friends nearby to act as a

support system. The *JAGS* study showed that people with pets were better able to remain emotionally stable during crises than those without. Pets can also work as a buffer against social isolation. Often the elderly have trouble leaving home, so they don't have a chance to see many people. Pets give them a chance to interact. This can help combat depression, one of the most common medical problems facing seniors today. The responsibility of caring for an animal may also give the elderly a sense of purpose, a reason to get up in the morning. Pets also help seniors stick to regular routines of getting up in the morning, buying groceries, and going outside, which help motivate them to eat and sleep regularly and well.

Pets in residence

Many nursing homes have taken this information to heart. For years, organizations like *Therapy Dogs International* and *Pets on Wheels* have been bringing thoroughly vaccinated, groomed, and behavior-tested animals into hospitals, hospices, and assisted living homes to give seniors a chance to pet and play with them. The residents get to have some therapeutic physical contact and a fun activity to break up their day. More recently, some resident homes have even begun letting animals live in the home full time. The Stanton Health Center in Stanton, Nebraska, a residential nursing home, has had dogs for its Alzheimer wing and

Seniors Can Save Lives of Homeless Pets (continued from pg. 5)

Establish a senior "friends" group for your shelter

Animal loving seniors with time, friends, and business contacts could be an invaluable source of ideas, volunteers, donations, and reach into your community. So many seniors are looking for ways to use their time in a meaningful way. What could be more meaningful than helping your shelter raise money and find more homes for your homeless pets? This group could be one of your most active and productive. Be creative on meeting with this group. Rotate the meeting place, such as your shelter's meeting room if you have one, a senior recreation center meeting room, your local library, or someone's home.

Seniors enjoy a variety of activities and you can make these meetings both productive and social. Pick their brains on fundraising ideas just for seniors, how to increase the numbers of seniors fostering homeless pets, etc. Ask them how to develop a larger donor base of senior citizens.

Develop a list of senior volunteers for the shelter.

Ask seniors to help socialize cats and

walk dogs, to work at the front desk, to work at fundraising events, to help with humane education at local schools (retired school teachers would be great for this), etc. If you have one time needs, such as making signs, try to involve seniors.

Remind seniors about planned giving to your shelter.

Animal lovers can leave a legacy for animals by including a bequest in their wills, gifts of property or real estate, as a beneficiary of life insurance policies, IRA's and other retirement plans, etc. Don't be shy about asking animal lovers to remember your shelter in wills and trusts. Publish information about this on your website. Be sure your senior friends group, senior volunteers, etc., know about this. Many people leave part of their estate to charitable groups even if they have large families.

The local shelter here in Santa Fe was a major beneficiary a couple of years ago of an elderly couple who had accumulated a large estate. If you publish a print or email newsletter, suggest planned giving as a way animal lovers can help the shelter.

(continued on pg. 7)

PHR's cookbook is underway

PHR's cookbook/ helpful hints guide is now a priority, and we are looking for your help. Region #9 Team Leader Nancy Sundberg (MN, IA, ND, & SD) is chairing this endeavor.

*There's a hair
in my soup!*



Your help

Search through your family's favorite recipes and share a few with us! Are you a Home Cook for your paps? If so, what is their favorite recipe? Do you have a tried-and-true homeopathic remedy that you use with your Paps, that you could share? In turn, we will turn everyone's input into a marvelous cookbook/helpful hints guide.

Just think about it ... you know you read something in the chat group about a remedy for diarrhea. And just before Christmas, someone asked for a good recipe for Pecan Pie. But did you save those responses – or can you find them? This could be the answer to all of our dilemmas.

Once you've gathered your recipes, tried-and-true remedies, and helpful tidbits, email them to basundberg@msn.com. Let's make this one of our best fundraisers ever! Thanks!



Calendars for sale!!!

Sales for the 2012 PHR calendar is going strong! Cost is \$20 each. Quantities are limited – ***don't wait to place your order!***

The 13-month calendar features photos of our members' paps and many of the rescued and rehomed paps and pap-mix dogs that PHR has helped over the years.

They make great gifts for the Pap-Lovers in your life as well as a great "Show-&-Tell" in your own home! So orders in NOW!

The calendar price includes shipping & handling. Bulk orders will have shipping & delivery determined at the time of order.

Make payment via check or credit card (thru PayPal). Send your check to:

PapHaven Rescue
PO Box 20306, Hot Springs AR 71903

Place your order via

<http://papauction.info/calendar/>

Thank you for helping our rescued Paps.

Pets for Senior Citizens (Continued from pg. 6)

now has an aviary and cats that live in the center's common area.

"The animals help patients keep their mind off their problems," says Jean S. Uehl, the center's director of nurses. "The love the patients get from the animals is unconditional." One particular stroke patient was withdrawn and rarely smiled, until she began to play with the resident cat. The patient and the cat became closely bonded to each other, and when the cat had kittens, "they became like the patient's babies," according to Uehl. The kittens played and slept on a tray on the resident's wheelchair and slept in a chair near her bed whenever they could. The kittens brought the resident out of her shell and she began to talk and smile. "The kittens in particular get all the residents' attention," says Uehl. "Everyone always wants to know where they're at and what they're doing." When there are kittens in the building, a number of residents stay busy all day, following them, playing with them, and keeping an eye on them.

Finding that furry friend

If there are older people in your life that you think might benefit from having a pet at home, be sure to talk to them before you pick one out. Make sure that they want the responsibility of a new pet, as well as the noise and the messes that may come along with it. Talk to them about whether they feel capable of

feeding, watering, grooming, exercising, and cleaning up after an animal. If they decide they're willing to accept that responsibility, take your elderly friend or family member out with you to the humane society or the breeder to pick out a new furry friend. They may fall in love with a dog or cat that might never have caught your eye.

Finally, before you encourage an older person to adopt a pet, consider whether you could take care of the animal if its owner is no longer able. Often, if seniors reach the point where they have to leave their homes and move into assisted-living facilities, they also have to give up their pets. The number of nursing homes and other types of housing for the elderly that will accept animals is growing, but the vast majority still don't allow pets. Seniors can plan ahead and find a pet-friendly nursing facility, just in case they need to use it someday. They may also want to consider planning for their pet in their estate.

Pets and the elderly have a lot to give to each other. Research and experience has shown that animals and older people can share their time and affection, and ultimately, full and happy lives. Though pets can't replace human relationships for seniors, they can certainly augment them, and they can fill an older person's life with years of constant, unconditional love.

Growing old with dogs - anonymous

When I am old
I will wear soft gray sweatshirts
and a bandana over my silver hair
and I will spend my social security checks
on wine and my dogs.

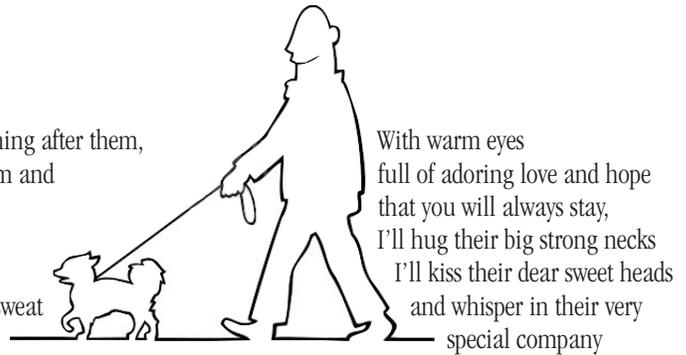
I will sit in my house on my well-worn chair
and listen to my dogs' breathing.
I will sneak out in the middle
of a warm summer night
and take my dogs for a run,
if my old bones will allow...

When people come to call, I will smile
and nod as I show them my dogs
and talk of them and about them
the ones so beloved of the past
and the ones so beloved of today

I will still work hard cleaning after them,
mopping and feeding them and
whispering their names
in a soft loving way.

I will wear the gleaming sweat
on my throat,
like a jewel and I will be
an embarrassment to all
especially my family
who have not yet found
the peace in being free
to have dogs as your best friends

These friends who always wait,
at any hour, for your footfall
and eagerly jump to their feet
out of a sound sleep,
to greet you as if you are a God.



With warm eyes
full of adoring love and hope
that you will always stay,
I'll hug their big strong necks
I'll kiss their dear sweet heads
and whisper in their very
special company

I look in the Mirror
and see I am getting old
this is the kind of person I am
and have always been.
Loving dogs is easy,
they are part of me.

Please accept me for who I am.
My dogs appreciate my presence in their lives
they love my presence in their lives
When I am old this will be important to me
you will understand when you are old
if you have dogs to love too.

Who's Who?

(continued on pg. 9)

tate to the dining table and look down on
Zipper, radiating compassion for this lesser
creature marooned on the floor.

As Gradie moved into the latter part of
her third year with me she developed lym-
phoma and it was clear that she would suc-
cumb before Fall. Sad as this was it neverthe-
less raised the issue of Zipper needing a play-
mate. I had encountered a woman early in my
tenure with Zipper, who (in the midst of my

making over him) stated she worked with a
papillon rescue group. I was stunned. I had
never heard of such a group and given the
financial value of these dogs I found it hard to
believe that someone would first abuse them
and secondly, if they decided the dog didn't
work with the family, not sell it to recoup
some of the initial expense.

Knowing about rescue I went to work on
the web. I worked with another large pap re-
scue group to find a puppy or young adult to
match with Zipper. It seemed that all the likely
candidates were always snatched up by group
member or their friends, so I extended
my search and ran into Papillon Haven
Rescue and Sharan.

That proved fortunate in that
Sharan connected me with the 6.5
pound, substantially less than the
sharpest knife in the drawer, enduringly
clueless, but oh so lovable Snapper, AKA
little Cujo, the alpha want-to-be. I've
been told that the half Pomeranian in
his mix is responsible for most or all
the traits noted.

After becoming a member I was
asked to help in a small way, and
another small way, and another small

way. So, the next thing I knew, the guy who
had no use for dogs was making little contri-
butions to a dog rescue group.

Most people who know me were amazed,
but I continue to explain to people just how
wonderfully run this group is compared to the
majority of rescue efforts I've come to know.
This is a group of wonderful, compassionate,
and caring people who in a world beset by
hardship and heartache do little things to
make small corners of this universe just a bit
nicer than if the group were not here. I also
would like to note again that I have given my
time and attention to PapHaven because it is
one of the most well organized and operated
not-for-profit I have ever encountered. It is run
as though it is a business which is why we are
continually able to reach out and help the lit-
tle critters that come our way. I've come to
love these small companion animals and
those who work so hard to catch the ones that
have fallen away from a good and loving life.

So, in the end the guy who hated dogs is
working with a dog, pardon me, a Papillon
rescue group, and is the go-to guy for the
Franklin County Humane Society for
Papillons and Pomeranians. Who would have
ever thought?

**Two copies of *Speaking for Spot*
for the price of one
(\$19.95 plus shipping)**

Books are signed by Dr. Kay
Complimentary holiday wrap available

**Two for one pricing valid on orders placed through 12/31/11
via <http://www.speakingforspot.com/holiday2for1.html>**

CLICK HERE TO PURCHASE

PCA National Speciality

Are you headed to Seattle?

www.papillonclub.org/2012_Specialty/index.htm

In the midst of the snowbanks, you may not believe it, but it's time to start thinking about Spring and the Rescue Parade at the 2012 Papillon Club of America, (PCA) National Speciality.

The National Specialty dates are March 26 thru April 1, 2012 at:

**Doubletree Guest Suites Hotel (DGH)
16500 Southcenter Parkway
Tukwila, WA 96188-3305**

www.seattle.doubletree.com

DGH is now accepting reservations. Call 800-222-8733 or 206-575-8220 – BE SURE to reference PCA when calling. All accommodations are 2 room suites. Rates are as follows:

- Single/Double occupancy - \$109 + tax
- Triple occupancy - \$119 + tax
- Quadruple occupancy - \$129 + tax

Applicable sales tax is currently 12.4% but is subject to change at any time.

There is a non-refundable \$35 pet fee.

The DGH has complimentary transportation to and from Sea-Tac Airport and is convenient to many tourist activities.

You must identify yourself as guests of the PCA National Specialty to receive the special pricing. Discounted reservations are only available until March 27, 2012.

Camping

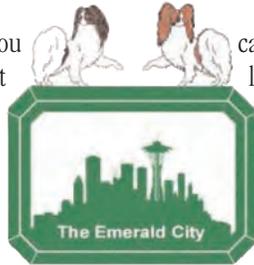
IMPORTANT DETAILS – ***there is no overnight RV parking*** available at the Hotel. The nearest campground is the Seattle/Tacoma KOA just 9 minutes away.

**Seattle/Tacoma KOA
5801 S 212th, Kent, WA 98032
Toll-free: 800-562-1892
Information: (253) 872-8652
Fax Number: (206) 872-9221**

www.seattlekoa.com

PHR in attendance

As in 2010 & 2011, PHR will again make its presence known at Nationals! And we hope to improve our “pawprint” – by expanding our sales and better educating everyone about rescue! If you plan to attend Nationals and



can help PHR in the booth, please let Nora know at norajl169@yahoo.com. Nora will handle scheduling of personnel to work the booth. If things work out as well as they did last year, there is plenty of coverage and lots of time to see the sights, watch the judging, and have some quality time with our PapHaven brethren. At this time, we are planning to have a PHR dinner and business meeting one of the evenings while in Seattle; but date, time, and location are still being sorted out. Details will be published in *The Way Home* as soon as things are finalized.

Ellen Stuba writes:

In order to make sure we're set I need to know if you'll be attending. If you've been to a Rescue Parade in the past, then you know what a great time you'll have. If you've never been to one of these events, here's what it's all about. PCA has a tradition of dedicating the show ring to our wonderful second chance furbabies at the National Specialty. Each person attending receives a goody bag filled with surprises and each dog has a biography that is read as they parade around the ring with their person(s).

The Rescue Parade is scheduled Saturday, April 1, 2012 at 8 a.m.

If you plan to attend and participate in the Rescue Parade, Ellen Stuban needs 2 things from you by Friday, March 4, 2012.

- 1) Please email me your contact information and the name of your Papillon.
- 2) Send short biography about your Pap and a picture of him/her. These bios will be assembled into a booklet and read out loud as our furkids are walked around the show ring for their special moment. The bio needs to be no more than 3/4 page long and in 16 pt (large) font. If you've attended in the past, I have your bio – if you'd like me to return the bio to you for updating, let me know; otherwise I'll use what I have. If you need a sample bio from previous years, please contact me.

For planning purposes it's easier to can-

Monday, March 26

All day: Agility, Argus Ranch

All day: Vendor set-up

Tuesday, March 27

6:30 a.m. -	8:00 a.m.	Hospitality Suite open
8:00 a.m. -	5:00 p.m.	Obedience /Rally
	8:00 p.m.	Welcome Party in Atrium

Wednesday, March 28

6:30 a.m. -	8:00 a.m.	Hospitality Suite open
8:00 a.m. -	12:00 p.m.	Sweepstakes
12:00 p.m. -	1:30 p.m.	Lunch
2:00 p.m. -	4:00 p.m.	Open Board meeting
4:00 p.m. -	5:00 p.m.	Phalene fun match
5:30 p.m. -	7:00 p.m.	Phalene banquet/Dinner
7:00 p.m. -	9:00 p.m.	Genetics seminar

Thursday, March 29

6:30 a.m. -	8:00 a.m.	Hospitality Suite open
8:00 a.m. -	1:00 p.m.	Dog classes
1:00 p.m. -	2:30 p.m.	Lunch
2:30 p.m. -	5:00 p.m.	Annual Meeting
5:00 p.m. -	6:30 p.m.	Dinner
7:00 p.m. -	9:00 p.m.	Seminar

Friday, March 30

6:30 a.m. -	8:00 a.m.	Hospitality Suite open
8:00 a.m. -	1:30 p.m.	Bitch classes
1:30 p.m. -	2:30 p.m.	Lunch
2:30 p.m. -	3:30 p.m.	Over 60 Handler class
3:30 p.m. -	6:00 p.m.	Judges Education Seminar
6:00 p.m. -	7:30 p.m.	Dinner
	7:30 p.m.	Top 20 Competition

Saturday, March 31

6:30 a.m. -	8:00 a.m.	Hospitality Suite open
8:00 a.m. -	10:00 a.m.	Rescue Parade & Parade of Titleholders
10:00 a.m. -	4:00 p.m.	Junior Showmanship, Non-Regular, & Intersex classes
	6:30 p.m.	Awards Banquet

cel than to add, so if you are thinking of coming and your rescued Pap is to be in the parade, please let me know as soon as possible. All that is needed to begin is the the name of your rescue for the parade. Of course, if you have any questions, please contact me at any time at estuban01@comcast.net.

Goody Bags

Ellen is also looking for donations of items for the goody bags. If you're able to help out, please let her know. PHR will again be providing small “gift bags” of Snickerpoodles to the bags. “In past years, we've been fortunate to have lovely surprises to include in the goody bags.”

Anyone interested in seeing this event first-hand??

The Westminster Kennel Club 136th Annual Dog Show

Monday, Feb. 13 & Tuesday, Feb. 14, 2012 – Madison Square Garden (MSG), New York, New York

The 136th Annual Dog Show will be held on February 13-14, 2012. Ticket purchase requests will be filled on first-come first served basis to new ticket purchasers. Last year's purchasers are allowed to purchase their same seats they had or better if available. New orders are filled by what is not renewed by our past subscribers; you may not choose where you would like to sit. If this is what you prefer you may go to ticket master to purchase an exact seat. **We do not accept online orders.** We do accept all major credit cards. If you require accessible ADA seating please contact our office to arrange this, 212-213-3165.

An acknowledgement postcard will be sent to you upon the processing of your ticket order. Tickets will be mailed in mid January, 2012.

A limited number of Reserved Seats may be purchased through *Madison Square Garden* (www.thegarden.com) and *Ticketmaster*

(www.ticketmaster.com) beginning in Sept. 2011 or 866-858-0008.

General admission tickets can only be purchased through Ticketmaster and MSG.

Ticket description and prices:

ALL TICKETS WILL ALLOW YOU ACCESS TO THE BENCHING AREA (backstage).

Reserved Seating – in sections 40-299. Good for both day and night events. They can be purchased through the WKC office, as well as, *Ticketmaster* and *MSG*. *Ticketmaster* and *MSG* offer single-day purchases. The price for these tickets thru the WKC office is \$140. *MSG* and *Ticketmaster* price is \$130 plus tax/fees.

General Admission – tickets are good for both day and night events but **DO NOT** have an assigned seat number. The seating is on a first come-first served basis and can only be purchased through *Ticketmaster* and the *MSG* box office. These seats are in sections 300 and 400. You may purchase a one-day ticket for \$40, or a two-day ticket for \$75. There is a children's ticket (up to age 12) price of \$20 for each day, plus applicable fees.



Ticket prices include a \$5 *MSG* facility charge. Tickets purchased thru *Ticketmaster* will incur a service fee. Tickets purchased through WKC include a \$10 S&H fee.

A limited number of General Admission tickets will be available for purchase at the Garden on each morning of the show. Orders received through the WKC office from Europe or Asia will not be mailed. These orders will be held at the MSG Box Office "Will Call Window #5" for pick up beginning on Feb. 13, 2011.

Breeds in the Hound, Toy, Non-Sporting and Herding Groups will be judged during the day Monday, with those Groups being judged Monday evening. Breeds in the Sporting, Working and Terrier Groups will be judged during the day Tuesday and those Groups will be judged that evening, followed by Best In Show.

In the Bakery Window ...

"Green with Envy" No-Cook Doggie Stew

by Rachael Ray – March 2010



Your pup will be full of more than holiday cheer after eating this hearty dish. Always check with your vet about which foods are appropriate for you to share with your pet.

2 Servings

Ingredients

- 1/2 cup frozen chopped spinach, thawed and drained
- 1/2 cup cooked broccoli florets, cut into small pieces
- 1/4 cup cooked rotisserie chicken, skin and bones discarded and meat coarsely chopped
- 3/4 cup cottage cheese
- 2 tablespoons grated parmigiano-reggiano cheese

Directions:

Combine all the ingredients and serve.



ThunderShirt
supports PHR



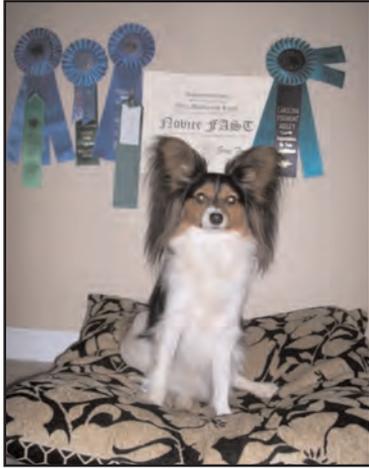
<http://shelter.thundershirt.com/shelterDefault.aspx?sid=AR97>

Success Stories

Rexx is a STAR!!!!

Great News!!! Reese's earned his first AKC agility title today. He earned his Novice FAST title. (NF) I posted the video from his title run today on Facebook. And we will post a picture of him with his ribbons and certificate. We are so proud of the little stinker.

Toni & Steffan



“baby” and let him get away with almost anything. I think for Prima, she probably had her babies taken away from her at too young an age and Rexx became the babies she'd lost. She doted on him and would play with him for hours. I think it fulfilled a need for both of them!

Toni, thanks so much for sharing the news about your Reese. We all love hearing the success stories!

Pat & the Cincinnati Crew

her new dad Chaz for awhile (*shown below right*). He has been very patient with her and it has paid off! Donna sent me these pics of Angelie and Chaz yesterday. Yay!! There is also one of Angelie in her brand new bed that she just loves! (*shown below left*)

This poor little dog had a very rough start in life and I'm happy to say that she's in a wonderful, loving home.

*Chris, Lacey, Carson & Mika
Winchester, CT*

Hi all, here is a link to Rexx/Reese's run and a picture that should be a wonderful addition to your winning adopted collection!

<http://www.youtube.com/watch?v=9gHUxU7v0wQ&feature=youtube>

Please notice the ear fringe on this little boy. After he chewed most of Smokey's ear fringe off it doesn't seem quite fair that he has so much. Smokey and Prima both adored the

Angelie went to her new home. Donna and her daughter Allie met us in Virginia when Mike and I were driving to Florida a month ago today. Angelie bonded strongly and quickly with Donna and Allie, but wasn't fond of

Angelie's new mom, Donna and I have been emailing and talking on the phone quite often since



Paps of the Month –

Dawn (4 yrs. 3 mths) is a loveable 8 pound female. She's sable, but very uniquely marked with the biggest brown eyes and almost a pink coloring on her hind end. She was hesitant at first due to her change in surroundings, but now is my little shadow and has mixed in with the other dogs wonderfully. She is a very laid back dog, will bark to let you know someone is there, but will stop as soon as you come. Dawn is an inquisitive little girl, checking every nook and cranny of the yard, but comes quickly when called. Not quite accustomed to the leash yet, that is obviously new, but progressing well with a harness. She adores the attention and will seek you out for any luvins she can get!



Dawn

Meet *Bebop* (3 yrs., 7 mths.)... a beautiful 8 pound tri-colored papillon so named because he is a “dancer.” He is playful and very social. He loves to cuddle, sit on laps, and keep his person company. He gets along with other dogs and cats and is just waiting for his “forever” home.

And now a word from Bebob

Howdy everyone – Bebob here! I know you think it is a funny name for a fellow like me but I love to dance and stand up on two feet to show off. I have great indoor manners, sleep all night in my crate, and love to go on walks. I am looking for a family to love me “forever.” Could it be YOU?! Hope so... Just go to the PapHaven website, click on “Adoption” and fill out the application. I'm waiting... Bebob



Bebop

Ming (5 yrs., 7 mths.) is such a joy! She is coming along great! Doing well with the houstraining, and is great being in her crate at night and while eating. She is a bit shy while being held, but does let you approach her and pick her up. She is a beautiful sable and white, with one ear up and one ear down and weighs a mighty 8 pounds. The ear that is down looks like an old injury, and will remain that way. She eats well and has no food aggression, gets along famously with the other dogs, and is even starting to play! She has come a long way in such a short time, and is going to make someone a wonderful companion. I think she knows she is now a family member. Being treated with love and respect is helping her forget her puppy mill past!



Ming

Make donations thru PayPal



www.paypal.com/cgi-bin/webscr

Remember - all donations are tax-deductible!

Save your UPCs/ receipts from Natural Balance Dog Food!



Mail them to:
Stephanie Sherwin
4 Woodsong, Roland AR 72135

Change Shopping for Good!



<http://www.igive.com/welcome/warmwelcome.cfm?c=25162>

BringFido: GET \$5.00 OFF ANY RESERVATION



www.bringfido.com

More PHR Classifieds

Introducing PapHaven Rescue – www.paphaven.org

This group came about through the love of a small deaf puppy that required transport halfway across the country to her new home. It took the effort and dedication of people from Texas to Washington D.C. and on to Ohio. It took the cooperation of three other rescue groups. In the end, it took the hearts of every one. It is this good will and renewed faith in the goodness of people everywhere that led us in forming Papillon Haven Rescue (Pap Haven). We are a 501(c)3 non-profit organization, all volunteer National group specializing in Paps and Papillon mixes, their rescue, and rehabilitation.

Since then, PapHaven Rescue has grown dramatically and continues to grow and evolve to try to meet the changing needs of rescue and the on-going saga of Papillons in need... where ever they are.

We would like to invite you to join in our rescue efforts. With hands reaching out across the country, we can form a circle of love and caring that refuses to let even one Papillon in need fall though the cracks. We are not in competition with any other rescue groups. In fact, it is our goal to work hand in hand with every rescue group and shelter that will join us in this effort. We will not ask for perfect lineage, origins, or looks. We will coordinate with other groups for transporting each other's breed. We welcome volunteers, sponsors, interested folk, contributors, and especially kind words.

Our eNewsletter, *The Way Home*, will try to bring informative articles, feature stories, upcoming events, announcements, and urgent alerts about situations where the need for rescue is great.

Helping PHR is easy with iGive.com!



As the holidays approach and you are readying your shopping lists for Black Friday & Cyber-Monday, *are you aware that the MOST holiday money is spent on Cyber Monday?*

On-line shopping and searches thru *iGive* is the EASIEST way to help PapHaven! A percentage of your shopping is donated to PapHaven once you register for *iGive* ... and it's all FREE TO YOU! The vendors who register with *iGive* volunteer to donate these percentages from their pockets, not yours!

On Cyber-Monday, millions of dollars were spent on-line that day last year. Imagine the good work PapHaven can do with a percentage of that money for the rescued paps we try to help!

PLEASE! If you plan to shop online on Cyber-Monday, remember PapHaven and register to shop thru *iGive.com*.

Turn your online shopping and searching into much-needed donations: www.iGive.com/PapHaven

Dog Friendly Vacations

Need help deciding where to bring Fido on vacation this year? Bring Fido's (BF) dog friendly city guides rank more than 10,000 cities worldwide for their popularity among dog owners and general "dog friendliness." Dig in to see the most popular destinations, or in your own neck of the woods. Once you've narrowed it down to a particular city, we'll give you the best places to stay, play, & eat with Fido when you're there. **PapHaven receives \$5** for each reservation made thru BF. Use Referrer ID: paphaven.

Speak to a pet-friendly travel expert at 877-4II-FIDO

Contact PapHaven

Subscribe to the E-news